

Car Insurance

Reliable
Low Cost

R. R. Pattinson

COLEMAN, ALTA.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

Volume 24, No. 48

The Journal, Coleman, Alberta

Wednesday, December 1st, 1964

single copy 7c

Remington**Portable****Typewriters**

Coleman Merchants Introduce Multiple Bargain Shopping Plan For Week Of December 2 to 8

Be Sure To Be Here!

See the wide selection of bargains

STOP!

SHOP!

BROWSE!

ENJOY YOURSELF!

Be sure you visit Coleman Stores during this week. See the tremendous selections of exciting brand name merchandise. Read the ads and select items for your everyday needs and Christmas Gift ideas.

This issue of the Coleman Journal has been taken over by the Retail Merchants, who have set aside the week of December 2 to 8 as their "Week Of Bargains"

Considerable time and thought has been spent by the merchants to see that by buying in Coleman you will receive the best merchandise at the fairest price. In preparing his sale each merchant has considered quality along with price so that your bargain is just that - quality merchandise at a fair price. A special can only be a bargain when the merchandise is of good quality.

Read the Ads and note the brands on sale. These items are nationally known, produced by reputable firms.

*Scenic view of Coleman*

It Is Never Too Early To Think Of Christmas

No, it's not one bit too early to compile and fill your gift list! Not too early to watch for bargains and browse while stocks are most complete! It's not too early to start your Christmas shopping, now! You get the best gift values because you have time to shop carefully... you get more attention from salespeople... you avoid crowds and parking problems. And you'll have a happier, more fun filled holiday! Take this tip from Santa -- start your Christmas Shopping now. Shop here in Coleman; enjoy big selections... top quality merchandise... real values.

A Symbol



Rugged and impressive Crows Nest Mountain can be seen in the background of this scene. This mountain, synonymous with Coleman, can also be the symbol of the spirit and strength of the town. Despite adversity Coleman remains strong, and like the mountain, will stand for years to come

East Coleman



ROXY PRESENTING TOP RANK PICTURES IN COMING WEEKS

During the weeks to come the Roxy Theatre is offering theatre goers some of the years finest shows. Among these are -- "THE CAINE MUTINY" "WHITE CHRISTMAS" "REAR WINDOW" and "SABRINA"

On December 2 and 3 Dale Robertson and Joanne Dru star in Return of The Texan a story of life and love in the ranch country.

Valley Of The Kings on December 4th brings together Robert Taylor and Eleanor Parker in an intriguing story of an archeologists hunt for the tomb of Pharaoh Ra-hotep

The Cain Mutiny on December 6, 7 and 8, is the tale of an eccentric skipper of an American mine sweeper and a crew that mutinies.

White Christmas is a tuneless musical starring Bing Crosby, Danny Kaye, Rosemary Cluny, and Vera Ellen

The Rear Window stars Jimmy Stewart as photographer who, from his window, observes the occupants of other apartments. This turns into a master mystery with thrills and suspense.

FREEMAN'S

Join The Crowd

Don't miss this wonderful oppor-

tunity to save on Christmas Gifts



Full Fashioned Nylons

51 Gauge
15 Denier
Regular 1.25

SALE PRICE

95c

2 pr. 1.85

BOY'S PARKAS

Tailored in long wearing fine quality cotton gabardine Detachable fur trimmed hood, two slash pockets, quilted wool lining, storm cuffs with full zipper front Shades of brown and olive green Size 10 to 16

8.95

BOYS BOMBER JACKETS

Well made Bomber Jackets from shower resistant cotton gabardine Tinton collar, storm cuffs, full quilted wool lining, zipper front with all round elastic waist Shades of navy, brown, teal and rust, Size 6 to 16

8.95

Boy's Cotton Flannel Sport Shirts

Low priced for this sale. Colorful sport shirts Tailored from Sanforized cotton flannel. Many colors in checks and plaids to choose from Sizes 6 to 16

1.89

Men's Work Socks

Men's Wool work socks, nylon re-inforced heel and toe Sale price

.69

Boy's Pullover Sweaters

Warm long sleeved sweaters that will give lots of wear. Plain and striped patterns Shades of brown, beige and grey. Crew and V neck. Size 6 to 16

2.98

Wool Melton Ski Pants

Ski pants tailored for the younger crowd who need warmth and long wear. Extra feature of pants are leather knees and elastic cuffs Color, navy only. Sizes 6 to 16

3.99

Hemmed Cotton Sheets

Gleaming snow white cotton sheets. Even ly and smoothly woven to stand plenty of wear and laundering. Size 81 x 99

pr. 5.49

Chenille Bedspreads

Extra good value in these better quality and lovely spreads. Colors of green, white royal blue, rose and canary Double bed size

8.95

Ladies WINTER COATS

Clearance of Winter weight Coats - new styles and fabrics. All warmly lined, mostly Milium lined. All shades and sizes

One Third Off Regular Price

Ladies Three Quarter Length Station Wagon Coat

Comfortably warm and these popular station wagoncoats are an outstanding value at this moderate price. Warm quilted lining in body and sleeves Double breasted style and all round belt Shades of Tan, Grey and Green

18.95

Gray Flannelette Blankets

First quality large size blankets Cosy cotton flannelette blankets with lovely thick nap, bordered with pink or blue stripes Size 70 by 90 Sale price

5.99

Boxed Towel Sets

Just the gift for Christmas

Bath Towels
Hand Towels
Face Cloths

*Solid shades in rose, pink light blue, light green, yellow and red

Sets 1.75 to 4.95

FREEMAN'S LTD.

MODERN
ELECTRIC
COLEMAN

SALE

ONE WEEK
Money Saving
Opportunity

Everything Electrical

THE STORE WITH THE STOCK

Hardware & Furniture

Visit Our Toy-Town



VACUUM CLEANERS

Royal Upright reg. 69.50 - 34.75
Premier Upright reg. 94.00 Spec. 47.00
WITH ATTACHMENTS
Gen. Electric Swivel Top ^{regular 89.95} Spec. 89.00
Eureka Swivel Top ^{Regular 99.95} Spec. 89.00
Hoover Tank Type ^{Reg. 114.00} Spec. 99.00
Lewyt Swivel Top On Big Wheels 109.95
Regular 124.00

FLOOR POLISHERS

GENERAL ELECTRIC reg. 54.00 SPEC. 47.95
HOOVER reg. 59.00 SPEC. 51.95

IRONS AND IRONERS

GLADIRON
Reg. 159.00 Special 99.50
Westinghouse Automatic
Reg. 12.95 Special 9.95
SILEX STEAM
Reg. 24.95 Special 15.95

RADIOS

Westinghouse Combination
Reg. 219.00 SPECIAL 149.00

REFRIGERATORS

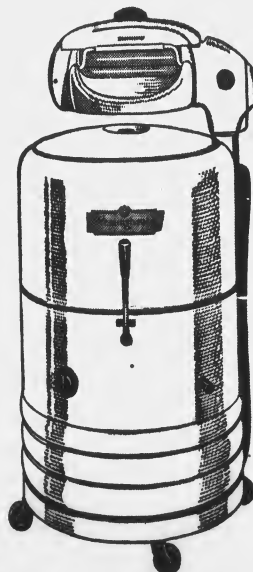
WESTINGHOUSE & PHILCO
15 Percent Off

HOT PLATES

Moffatt Handicraft Oven Griddle
Reg. 34.95 SPECIAL 19.95
Electric Hollywood Broiler
Reg. 23.00 SPECIAL 9.95

FURNITURE

2 Door Wardrobe - full length mirror
Regular 73.00 Special 69.95
1 Door Wardrobe - full length mirror
Regular 43.95 Special 33.95
Childs Safety Table
Regular 19.95 Special 12.95
Plastic Bedspreads reg. 8.95 Spec 5.95
Plastic Drapes - Special, pair 1.50
Travelling Trunk and Case
Regular 54.95 Special 29.95
Ash Stand reg. 9.25 & 8.95 - 5.95 & 4.95



Special Washer Bargains

Westinghouse Laundromat
Regular \$374.00
Special 299.

Thor Automatic

Regular \$369.
Special 289.

15 Percent Off
WESTINGHOUSE THOR AND
COFFIELD Conventional WASHERS

See the new Coffield Washer Double
Tub Construction

20 Percent Off These

Bedroom Suites Hassocks
Table Lamps Dinner Sets
Lino 6 foot only
Supreme Aluminum Ware
on Bargain Table

OUTSTANDING WATCH VALUES AT REDUCED PRICES

Men's Waterproof SWISS WATCHES

15 Jewels - Shockproof - Incalble Luminous Dial and hands. A quality watch at a low price
SALE PRICE

18.95

Ladies' 15 Jewel WATCHES

In the charm and color of natural gold with matching expansion bracelet. Fitted in a lovely plush gift box. Sale price

19.95

TRI LITE LAMPS with shades - - - **Special price 13.95**

CRYSTAL STEMWARE

to grace your Christmas Dinner Table
Sherberts, Goblets
regular price 1.50

Special 49c

ELECTRIC RAZORS

fitted in elaborate gift case complete with lotions An ideal Xmas gift. Regular price 32.50 Sale price only

24.75

Combination Radio R.C.A. Victor 3 speed Combination Radio Phonograph Reg. 299.00, Less 40.00 Pay only 259.00 Regular 239.00, Less 40.00 Pay only 199.00
SALE SPECIAL \$40 OFF

Phonograph Records

Prices slashed on standard 78 and 45 RPM records All your favorite artists including Bing Crosby Perry Como, Wilf Carter and others

Prices Slashed

Sale price 3 for 1.00

USED RADIOS

15.00 up

J. M. CHALMERS

JEWELLERY

APPLIANCES

Jubilee Play Writing Contest Is Announced

A provincial play writing competition will be held as part of Alberta Golden Jubilee activities. Mills Parker, Jubilee director, has announced.

Purpose of the competition is to stimulate interest in the writing of regional drama and the production of plays written by Albertans.

Writers of the three best plays will receive \$250 awards and the plays will be available for production as part of Jubilee Year programs. No royalties will be charged for production.

There are no limitations on subject matter of the plays but entries must have a playing time of not less than 105 minutes. Anyone who has lived in Alberta since Jan. 1, 1954, or previously has lived in Alberta for five years, can submit plays in the competition. Previously published plays are not eligible.

Entries will be received by the Golden Jubilee Committee, Edmonton, up to June 30, 1955, and should be in an envelope marked "The Golden Jubilee Play Purchase." Playwrights planning to enter the competition are asked to notify the Jubilee Committee so that drama groups may be informed that plays are being written.

Minceam

(Enough for Seven Large Pies)
4 lbs. tart apples weighed after paring, coring and chopping
1 lb. finely chopped suet
4 lbs. brown sugar
1 lb. seeded or seedless raisins
1 teaspoon cinnamon
1 teaspoon nutmeg
1 teaspoon cloves.

Apples and suet may either be chopped or put through meat grinder together. To these add sugar, raisins and spices. Cook all together on back of stove or over slow heat until mixture turns dark, using an asbestos mat under it all the time, as this mixture burns easily. Store in clean crock in very cool place.

BE PREPARED

The Christmas Season is coming up with the usual round of social events. Be prepared, have your clothes dry cleaned and pressed.

Now is the time to get your winter sports clothes ready for the coming season. We also do all kinds of alterations.

SUITS MADE TO MEASURE

See our samples of the latest materials for that tailor made suit. Expert workmanship guaranteed. We are open on Mondays.

Coleman Cleaners & Tailors

BIG BARGAINS

- at a -

Little Store



Toppano's the little store on Second Street offers you bargains second to none in

Imported Specialties

Macaroni

Olive Oils

All Kinds Cheese

we carry a complete line of delicacies to give that taste zip to your regular or holiday meal
Anchovies Antipasto Olives

Arriving for Christmas

ITALIAN TORONE CANDY

All Varieties of Nuts

TOPANNO'S

PHONE 3692

COLEMAN



F-FORMAL OUTFIT . . . \$.98



G-BALLERINA OUTFIT . . . \$.89



H-RED RIDING HOOD. \$1.29



I-RAIN OUTFIT . . . \$.49



J-FARMETTE OUTFIT \$.49



WASH IT
COMB IT
CURL IT

ARMS MOVE

JANIE'S AN EXCITING, WONDERFUL DOLL THAT ACTUALLY WALKS! She'll keep your favourite little girl enthralled for hours on end. Made like a big, expensive doll, Janie's arms, legs, head move . . . her eyes open and close . . . have real eyelashes. Her shining Saran hair can be washed, combed, curled. AND SHE'S MADE OF UNBREAKABLE PLASTIC for hours of sturdy play. Never before such value at only \$1.49!

10 EXCITING CUSTOM MADE OUTFITS TO CHOOSE
Hurry! Order your Janie now and order any of her 10 exquisite outfits. Perfect in each tiny detail, custom-made for Janie of hard-wearing materials with finished seams. Special extras include miniature dress hangers, real lace and braid trim, shoes, socks, shoes. Everything a well dressed doll could wish for.

ONLY 1.49
(doll only)
MAIL THIS COUPON TODAY!

NO RISK—MONEY REFUNDED BY RETURN MAIL IF NOT DELIGHTED.

STRATTON MANUFACTURING CO., 47 Catherine St., Toronto, Ont. Dept. . .

Please rush me . . . Janie Doll(s) at \$1.49 (doll only) and . . . outfits as indicated below at prices as shown.

...A Bridal Outfit . . . \$1.98 ...B Sleeping Outfit . . . \$1.49
...C Dress-up Outfit . . . \$.89 ...D Sports Outfit . . . \$1.49
...E Rain Outfit . . . \$1.49 ...F Farmette Outfit . . . \$1.49
...G Formal Outfit . . . \$.98 ...H Ballerina Outfit . . . \$.89
...I Red Riding Hood . . . \$1.29 ...J Macaroni Outfit . . . \$.49
I enclose . . . cheque . . . cash . . . money order for \$. . .
Please send C.O.D. I will pay postage.

NAME
ADDRESS
CITY PROVINCE
Please Print Clearly. Satisfaction Guaranteed or Money Back

YOUR FAVOURITE LITTLE GIRL WILL HAVE STARS IN HER EYES WHEN SHE TAKES HER JANIE FOR A WALK IN ONE OF THESE WONDERFUL OUTFITS—DON'T DELAY—ORDER YOURS NOW!

A BRIDAL OUTFIT . . . \$1.98 F FORMAL OUTFIT . . . \$1.49
B SLEEPING OUTFIT . . . \$1.49 G BALLERINA OUTFIT . . . \$.89
C DRESS-UP OUTFIT . . . \$.89 H RED RIDING HOOD . . . \$1.29
D SPORTS OUTFIT . . . \$1.49 I FARMETTE OUTFIT . . . \$.49
E RAIN OUTFIT . . . \$1.49 J MACARONI OUTFIT . . . \$.49

STRATTON MFG CO. TORONTO, ONTARIO

COLEMAN Community SALE

Men's Dress Shirts



Made up of the best makes in Canada

Broken Lots of Values up to \$5.95. Sale Price

\$2.95

We are offering a Combination of Values on Merchandise you'll be proud to give for Christmas or use for the cold weather ahead.

Sale Starts Thursday, December 2

and Ends Wednesday, December 8th.

A WHOLE WEEK PACKED FULL OF BARGAINS

Make Coleman Your Buying Headquarters

Ladies' Nylon Stockings

First Quality, latest shades, 54 and 51 gauge 15 Denier. Sizes 8½ to 11

Per Pair

98c

Ladies' Skirts

A large variety of Odd Skirts, ranging in value to \$6.95

On Sale at

\$2.95

Men's Pyjamas

Best makes in Broadcloth or Flannelette Sizes B. C. D. and E. Reg. value \$5.50 and \$5.95

Sale Price

\$4.45

Ladies' House Coats

Made of Rayon or Satin An assortment of smart lines, ranging in price to \$10.50

Sale Price at

\$3.95

Men's Heavy Wool Shirts

Lovely plaids to choose from, sizes small, medium and large

\$5.35

Men's 2-Pant Suits

Made of All Wool Worsted in Double Breasted Models

Regular Price \$59.50

Sale Price - - \$39.75

Plus Alterations

Ladies' Winter Coats

We have grouped these in order to make it easy for you to buy

10 Coats Regular up to \$39.50 Sale \$9.95

6 Coats Regular up to \$75.00 Sale \$25.95

- Be Sure To Visit Our Bargain Table -

Ladies' Cotton Blouses

in colorful patterns and fast colors worth twice the price of

\$1.19

Ladies' Rayon Panties

Assorted Styles and color. Sizes small, medium and large

69c a pair

Pillow Slips

Imported Cotton of good quality Size 42 inch

98c a pair

Terry Towels

21 x 42 Dark Background, for everyday use.

59c each

Ladies' Shoes

Dressy Shoes of many styles and heels. All sizes in the lot

\$3.95

Men's Ties

An assortment of Beautiful Ties in odds and ends

79c each

LADIES' DRESSES

30 Dresses Only

Made up of regular stock and selling up to \$18.95

Sale - \$2.95

Men's Parkas

Made of Brown or Green Drill with excellent lining Most Sizes in Stock

\$9.95

Men's

Top Coats

Good Tyconda Cloth, regular \$29.50

Sale Price \$19.50

Everything in the store on Sale. 10% Off anything not otherwise marked down

FRANK ABOUSSAFY

Phone 3618 Coleman, Alberta

Car Insurance

Reliable
Low Cost

R. R. Pattinson

COLEMAN, ALTA.

The Coleman Journal

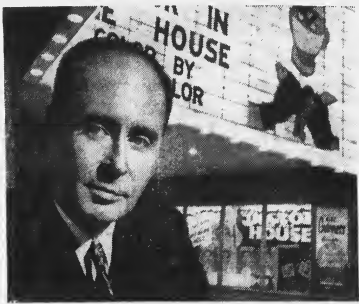
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Remington

Portable

Typewriters



More Canadians follow Clyde Gilmour's reviews of movies than any other film critic in the country. Like a baseball umpire, his opinions are not always shared by the public, but "he calls them as he sees them". If a movie is bad he says so, and if it's good, he's the first to admit it. His views are aired every Sunday on CBC Trans-Canada's "Critically Speaking", the only serious film review being carried by any network in this continent. They also appear in Maclean's magazine twice a month, thus giving Gilmour one of the largest audiences of any Canadian critic. The toughest part of being a reviewer, he says, is having to put up with noisy children and talkative adults while he's watching a movie. However, that's tough on all movie-goers, whether they're critics or not.

COLEMAN BOY SELECTED TOP STUDENT AT PEACE RIVER

Ken Lathwaite, son of Mrs. J. Goulding, of Coleman has been selected as the first student of the week at Peace River High School. In winning the award Ken, accompanied by his brother Robert and Mrs. Lathwaite, of Peace River, were guests of the Victory Hotel at a special dinner. Last Friday, Ken spoke over radio station CKYL. He is president of the Peace River High School.

The letter Ken received with the award follows:
Mr. Ken Lathwaite
Peace River, Alta.

Dear Ken,
You have been selected as one of the outstanding students of your school by virtue of your attitude and co-operation in school work. This selection is made by the teachers and principal of your school.

We are keenly interested in academic qualifications but feel that along with this, in order to qualify as future leaders of communities, tolerance, understanding and consideration for your fellow man and your ability to live with others as a social group is also of importance.

May we then congratulate you at being selected as the first stu-

dent of the week of 1954 from Peace River High School.

You are invited to bring your father and mother or, two others whom you may choose, as guests of the Victory Hotel for the best on our Bill Of Fare.

Please advise the most suitable time for this occasion and as to whether you will be able to appear in person on our next Friday the 19th "Student of the Week" broadcast which takes place at 5:30 p.m."

Yours very truly,
DAVID W. FOX
Manager
VICTORY HOTELS Ltd.

Born at Nelson, B.C., Ken attended school in Coleman until leaving for Peace River this fall. Active in extra curricular activities, he was a member of the Curling Club, Juvenile Hockey team, R.C.E.M.E. and took part in school concerts. Joining the Army Cadets at the beginning, he went up through the ranks to Lieutenant and received instructors papers following a course at Dundwin, Sask. While with the R.C.E.M.E. he completed his NCO course.

The Journal joins with the citizens of Coleman in extending congratulations to Ken.

OUTLOOK BRIGHT FOR THE BLAIRMORE ARENA

BLAIRMORE, Alta. — Blairmore town council and eight members of the Blairmore Community Sports Association met Friday evening to hear Rolie Lewis of the Alberta Laminated Structures Company of Calgary quote prices on various types of ice arenas, and it was decided to study plans and the financing of the project. Outlook for the scheme is bright.

Mr. Lewis gave estimates on several types of structures after which the local officials favored the standard rink model which would be 210 feet long by 104 feet wide with a 35 1/2 foot height in the centre of the quonset style building. Mr. Lewis estimated the top outside price of a building this size would cost the town of Blairmore \$55,000. This price, he stated, would include a 20 foot wide waiting room the entire width of the building, bleachers, a ladies' rest room, and a men's rest room, two dressing rooms with showers, a four foot fence around the ice surface, all doors, windows, ventilators and fire exits, complete lighting and wiring and a heating plant.

Heating Plant
The heating plant suggested by Mr. Lewis was a coal furnace with a forced hot air system to be installed in a room on the ground level as he pointed out that several advantages would be gained by not having to dig a basement section for the furnace room.

One of the advantages, he stated, would be that since coal would be used as a fuel it would be more convenient to haul out ashes than from a basement room.

The ground selected for the site of the arena would have to be levelled off by the town as would the ice surface ground, but all

other work would be done by the contracting firm. Mr. Lewis then described the type of arch that was used for the ceiling of the building, pointing out that each of the laminated arches were built of 43 ply of three-quarter inch board which were nailed and glued and built under pressure. Each square foot of roof surface on the completed job he stated would take 50 pounds of pressure or weight. He also pointed out that the footing for the arches were of reinforced concrete construction.

Mr. Lewis also stated that all local help would be hired and that most of the material in the construction of the arena would be purchased locally provided prices would meet competitive prices from other firms. The construction of arena this size indicated would take three months to fully complete.

Use Old Material
When asked if the lumber from the old Blairmore arena could be utilized in the construction of the new arena, Mr. Lewis felt that a good portion of the old arena's lumber could be salvaged and this credited to the cost of the job. At this time Mr. Lewis stated that the entire building would be sheathed with fir lumber and that the material to be put on the roof would be up to the town to choose as it made no difference in the cost. He showed where it would be no more to apply cedar shingles, than aluminum sheeting or asphalt shingles as the cost of labor on one article balanced with the cost of the material on the other.

While explaining the various costs of different portions of the arena structure, Mr. Lewis showed photos of various arenas that the firm had built all over Canada, and some including curling rinks,

Fernie Players Perform Here

A fair crowd assembled in the High School Auditorium Friday night when Knox United Drama Society presented two one act plays under auspices of the Coleman United Church Couples Club. Rev B. McPherson acted as Master of Ceremonies.

Piano solos were given by Jessie Anderson and saxophone solos by William Goodwin, both being appreciated by the audience. Highlights of the evening's program was a number of vocal solos by Mrs. Andrew Lees, her rendition of favorite songs winning unanimous praise from the audience.

Director Cella-Morgan presented "Not Quite Such A Goose" first, an entertaining play, depicting the actions of an average teen-age boy and girl. Members of the cast were: Jennie Leitcher, Richard Pennington, Beverley Chester, Kenneth Morris and Calleen Gibson.

The second play "Don't Call Me Junior" was composed of a more adult cast and was the better of the two. This production portrayed an average family and the problems that the average teen-ager can pose to his parents. Taking part were: Alice Lees, Thelma Waller, Russell White, Raymond LaSalle, Pat Morgan, Dave Hastings, Mary King, Walter Laurie and Angus McPhee.

which he stated cost less than \$16,000 complete.

At this time Mr. Lewis was questioned as to what the cost of building a curling arena connected to the local arena would cost. Mr. Lewis after studying the size required stated an additional \$10,000 would cover the entire cost of building a complete curling arena, giving players a three-sheet of ice curling rink. He showed how the two buildings would be placed side by side with a 14 foot space between them. The two waiting rooms would be connected by a corridor extending from the two waiting rooms on the front of each building. He also indicated that many arenas built on this plan converted this spacious corridor space into a coffee and refreshments stand. This type of dual structure, he pointed out, was ideally laid out so that in the event that in later years the town decided to put in artificial ice that a central plant between the two rinks would easily handle both skating and curling ice. The 14-foot space between the two buildings was left, he said, so that snow falling off of the roof could be pushed out with a tractor.

Since the town was considering making a loan for the construction of an arena building it was the general feeling of the meeting that an additional \$10,000 loan should be applied for and have both structures built at once.

While describing the curling arena, Mr. Lewis also informed the interested meeting that if an artificial ice plant were ever installed in Blairmore that the pipes could be covered with cement and the building could be used as a public hall or Civic Centre as both the arena and curling rinks meet the Theatre Building regulations.

With the town council and the Sports Association in favor of having both a skating and curling arena erected Mr. Lewis stated he would draw up a set of plans and drawings and present them to the council in the near future.

Before the loan can be negotiated a money by-law will have to be put up to the citizens of Blairmore to vote on and it is felt by the Sports Association and the town council that town residents will give full support in this project.

Present at the meeting were Mayor William Gray, Councillors William Jallop, Alrik Tiberg, Tom Gibbo, Joe Galvoe, Joe Bobrosky, and Reno Larbelastier, while from the Sports Association were Howard Dancy, Bert Fowle, Roy Vajprava, Bob Byrne, Ian Walker, Ron Johnson, Arthur Decoux and Don Thornton.

EARTHQUAKES RECORDED BY SEISMOGRAPH HERE

Everyone residing in a coal mining area is well aware of the tremors and heartache that can be caused by a bump in the mine. However, very few are aware of the extensive work that is being performed by T. Cochran, L. Richards and Ferguson Grant here to try and determine the cause of these bumps.

On Friday of last week the Journal travelled with Lor Richards to the basement of the Coleman Collieries office in an effort to understand the work being done by these men for the Department of Mines and Technical Survey.

Lor explained to us that a seismometer is located on the rock outcrop to the north of the mine office. This extremely sensitive instrument responds to earth tremors anywhere in the world and relays them by cable to a seismograph in the mine office. Three main quakes have been recorded lately, one in the PJI Islands and another in the Palu Islands, and it is fairly certain that a recent quake in Alaska was also recorded. Of interest locally is the fact that many local quakes have been registered, it not having been known before that these light quakes occurred in this area.

Explaining the manner in which the equipment works, Lor showed us the seismograph and pointed out the galvanometer which is moved by shock impulses and records them on a photographic plate enclosed in a cylinder or cassette. This photographic plate records activity for one day (Fernie station records a four-day period). Next to the seismograph is a chronometer, or self winding clock which gives a time signal every minute causing a relay to trip inside the seismograph and move the galvanometer to make a series of one minute lines on the chart. Next to this is a standard radio which is turned on automatically by time clock to receive the CBC time signal daily at 11

a.m. which is put on primarily for this purpose. The clock attached tells the time, the day and the hour and is set for the period from 1 to 11, to 1 after 11, when it shuts off the radio. The setting at 1 to 11 is to permit the radio to warm up and record the signal at 11. Music and conversation over the radio during this 20-minute period is recorded on the chart by fluctuating lines but is ignored when reading the chart. When the time signal is picked up it is fed into the galvanometer to give an accurate time on the chart.

This campaign to determine the cause of bumps is the most extensive ever carried on and tries to correlate the time of any movement of the strata with instruments that are placed in the mine. This is a new experiment, the results of which cannot be presently calculated in relation to the bump problem. Various other methods are to be tried in the campaign. These instruments are Davis Recorders, German pressure gauges and Dowty hydraulic props, showing how each movement reacts in local mines. The Davis recorders and the German pressure gauges are actual recording devices, the Dowty hydraulic props simply a convergence and load instrument that measures the convergence between floor and ceiling and gives loading in tons direct.

Of special interest during the visit was seeing the two Germanium tubes on the relay. These tubes used to rectify alternating current to direct current, are about half inch in length and two-eighths in diameter, and are actually radio tubes of the future. Germanium is a mineral found in some rock fields.

The Coleman crew operate stations such as this at Fernie and Turner Valley, and do other work at Lethbridge and Cammore.

These extremely technical studies show promise of making mining a safer occupation.

River Banks Being Strengthened In Pass

Cullen Construction Company are busy working on the banks of the Crow's Nest River between Blairmore and Frank in a flood control measure.

The area just west of Frank that has seen the main highway threatened every spring by flood waters, has been repaired. The course of the river at this point has been straightened and on the curve at the bridges, banks have been built up to 18 feet with gravel dredged from the river.

It is reported that the bank will be riprapped with rock from the Frank Slide.

Speakers Discuss Cancer Control

BELLEVEUE, Alta. — The Canadian Cancer Society educational branch held a meeting in the IOOF hall in Bellevue during last week sponsored by the Bellevue Rebekah Lodge. The meeting was one of the best yet attended.

Chairman of the meeting, Mrs. R. Ellison, turned the meeting over to Kay Kerr of Frank, head of the education committee of the Crow's Nest Pass branch of the Cancer Society, who gave an informative talk of cancer welfare. Three films on cancer were then shown after which Miss Helen Clemis, Reg.N., matron of the Crow's Nest Pass Municipal Hospital, gave an interesting talk on cancer.

Guest speaker at the meeting was Mrs. Dore, secretary of the Lethbridge division of the Cancer Society, who gave an interesting address on various cancer cases she had dealt with and also on the importance of self examination.

Padre Moss Honored At Farewell
Padre Harry Moss, D.C.M., left the first of the week for his new post at Lynn Lake, Man.

tions.

Members of the Canadian Legion and the Ladies' Auxiliary gathered in the Legion to enjoy an evening of music by John Stevaluk, Fred Bedington, Magnus Juhlin and James Lowe.

On behalf of the members, President John Kulig presented Mr. Moss with a pipe and engraved tobacco pouch.

On November 19 Mr. Harry Wilton Clarke entertained a number of men at his home in honor of Padre Moss.

New Photo Studio For Coleman

Coleman and Crow's Nest Pass residents one must have a complete and up-to-date photo studio for their needs. Evan Gushul, well known through out The Pass, has announced the re-opening of his studio after closure for a year.

The studio will be located in Mr. Gushul's residence one block east of the Red and White Store, and he will specialize in baby pictures, home portraiture, weddings, commercial and industrial photography.

Receive 15 Year Jewels

At the regular meeting of Victoria Rebekah Lodge No. 7 on Nov. 16, Sister M. E. Cornett P.N.G. was presented with her 15 Year Jewel, for which she gave thanks. Stating that her 15 years as a member of Victoria Rebekah Lodge had been a pleasure, and she was very happy and proud to receive this honor. Presentation was made by Sister Lottie Boulton P.N.G. also a veteran member.

On Saturday Nov. 13 Sister Beart was presented with a 15 year Jewel. Sister Beart now being a patient in the hospital. Sister Hazel Gushul P.N.G. and Sister Florence Kerr P.N.G. visited her at the local hospital and presented her with the 15 year jewel and a bouquet of flowers.

Sister Beart voiced her thanks to all members of the lodge for their kindness.

C.I.M.M. Hears Talk On Uranium

A dinner meeting of the Rocky Mountain Branch of the C.I.M.M. was held in the Greenhill Dine and Dance on the evening of November 18th.

The meeting was opened by the singing O Canada and 44 members and guests sat down to a delightful supper.

Chairman Mr. H. Miller conducted proceedings and introduced the guests, our honored guest was Mr. C. C. Huston, president of the Institute.

Mr. H. Miller the chairman informed the gathering that he would be leaving us shortly to take up mining duties at Canton, Ohio. All institute members were sorry to hear of his leaving, but the membership wish him every success in his new endeavor.

President Huston was introduced to the gathering and spoke on the affairs of the Institute also a very interesting talk on uranium, its effect on the country as a whole and its effect on the Coal Industry.

Mr. E. Chappell safety supervisor for the Crow's Nest Pass Coal Company was introduced and gave a very forceful talk on Practical Safety, which was much enjoyed by all present.

Mr. Hill of the Dominion Coal Board was then introduced to the gathering, and thanked all present for being able to be in attendance.

Mr. J. Curry showed a film entitled The Gamblers which was kindly loaned for this occasion by the Union Tractor Company.

Mr. H. H. Gardner spoke briefly on behalf of the Crow's Nest Pass Coal Company.

Mr. M. Condon spoke on behalf of the West Canadian Collieries Limited.

Mr. H. Wilton Clark spoke on behalf of the Coleman Collieries Limited.

The meeting was brought to a close with the singing of God Save The Queen.

Council Appoints Jubilee Steering Committee

At a meeting of Council Tuesday night, councillors discussed the province's Golden Jubilee and decided that a Steering committee should be composed of various groups to meet with a government representative and discuss plans.

Councillors Jenkins and Toppo were appointed to this committee.

A letter was read from Mr. N. A. Willmore of the Miners' Rehabilitation in reply to a letter from Coleman to Premier Manning.

It appears that miners are able to secure employment at Fernie, but not able to find living accommodation. The government was asked if they could assist in this regard.

Mr. Willmore stated that the committee regretted to say that they do not feel that this was a form of assistance not coming under the program and that assistance would set a precedent as miners in other localities and those engaged in other industries must supply their own transportation.

Town Foreman Joe Malanuchuk tendered his resignation, council expressing regrets at this decision. It was felt that Joe's departure would be felt and that he will be hard to replace.

Coleman decided to go along with the rest of the province in a Safety Campaign and ordered 100 Safety Posters of various design. A motion was made that letters be sent to those delinquent in business taxes before the accounts are turned over to the solicitor.

A complaint was received from a resident of Second street in regards water run-off. Council agreed that this low spot should be raised and authorized Works and Property to fix it.

Scouts Honor Padre Moss

Coleman Boy Scouts recently honored Padre Moss in appreciation of his assistance during his stay here.

Scoutmaster F. DeCoco presented the honored guest with a pipe stand on behalf of the boys. Film of the Coleman Rodeo and Scout Camp were shown by Lor Richards.



Lower Prices Everyday Not Just Somedays

PAY LESS FOR CASH DONT BUY A PIG IN A POKE
See what you are buying. Choose it yourself the Self-Serve Way. All goods are priced so you see what you pay

XMAS CHOCOLATES

Pot of Gold	-	1.65
Neilsons	-	1.25
Duncans Hazelnut Whirls lb		1.50
half pound		.79
Duncans Chocolate Gingers 1/2 lb.		.85

Something New Cotton Prints

ALL COLORS

3 1/2 yards	-	1.69
2 yards	-	.98

SOAPS

Vel, giant	-	.79
Fab, giant	-	.79
Surf, giant	-	.79
above soaps small		39
Calgon Softener		.49



CHOICE MEATS

"FOR SAUCES AND GRAVIES USE CARNATION MILK"



Pork Roasts - - lb..39
Half or Whole Shoulders

Bacon 3 half lb. pkts .79
Economy Sliced

Fresh Cottage Cheese and Sour
Cream Everyday For Diets

Fresh Fish Every Thursday

VEAL CHOPS SIRLOIN STEAKS
T-BONE ROAST PORK CHOPS
OR ROASTS per pound

.49

OWEN'S

Purnell THEATRES

Famous Players Affiliates
Screen Entertainment at

REX

Bellevue

ROXY

Coleman

ORPHEUM

Blairmore

Thursday and Friday Dec. 2 and 3 at the Roxy

The Return of The Texan

DALE ROBERTSON

JOANNE DRU

Dale Robertson the handsome, rugged leading man who received a 20th Century Fox build up in "Take Care of My Little Girl" and "Golden Girl" attains stardom in an interest holding outdoors drama of the modern southwest. The story contains more human interest than action and many heart warming touches as well as comedy moments

Valley Of The Kings

ROBERT TAYLOR

ELEANOR PARKER

Herein is presented top bracket screen entertainment, a lightening paced, suspenseful romantic adventure drama which was filmed in its entirety in Egypt. The picture boasts backgrounds of scenic grandeur and authenticity plus garnishment of brilliant Eastman color. Dont miss this seasons sensation

Roxy Sat. Dec. 4 one day Rex Tues and Wed. 7 & 8
Orpheum, Thurs. and Fri. 9 & 10

MON, TUES, AND WED DEC 6, 7, 8 AT THE ROXY

The Cain Mutiny

HUMPHREY BOGART

JOSE FERRER

VAN JOHNSON

The best selling novel by Herman Wouk, which won the prize for the years outstanding work of fiction, has become an outstanding film. Humphrey Bogart as Queeg the Captain

ADMISSION: 75c, 50c, 25c

CALL ME MADAM

ETHEL MERMAN

DONALD O'CONNOR

A smash hit on the stage becomes the years top film musical success. Laden with glittering comedy, loaded with laughs, packed with fun, frolic and frenzied romance

Rex. Sat. and Mon. 4 and 6 Orpheum Tues. and Wed. 7 and 8
Roxy, Thurs. and Fri. 9 and 10

BACK TO GOD'S COUNTRY

ROCK HUDSON

MARCIA HENDERSON

Herewith a Curwood tome is transcribed into fast moving celluloid melodrama with stress on heroics and villainy. Here is the greatest thrill picture of the year, wild throbbing excitement on the rim of the world and passionate man-woman romance

Orpheum, Sat. and Mon. 4 and 6 Rex, Thur, Fri. 9 and 10
Roxy, Tues and Wed 14 and 15

Watch For These Outstanding Attractions Coming Soon

"ALL THE BROTHERS WERE VALIANT"

Robert Taylor Ann Blyth

Lusty and gory is this saga of the hardy men who went down to the sea in whaling ships -- and took their women with them. Romance and adventure with one of the year's most exciting casts, in the year's most spectacular technicolor thriller. Laden with rugged excitement and lusty action.

"KISS ME KATE"

Kathryn Grayson Howard Keel

Here is a brilliant, colorful, exciting parcel of superb celluloid entertainment, a screen version of the stage hit which in itself was based on the immortal comedy, "The Taming of the Shrew." There is everything from slapstick to Shakespeare including sizable helpings of romance and farce, spectacle and operetta, or what is your taste? You Name It - "Kate" has It.

"GYPSY COLT"

Donna Corcoran Ward Bond

A charming story of the love of a girl and a horse for each other that tugs at the heartstrings. The sweetest tale ever told -- the love of a girl for a pet horse. A remarkable horse plus a little girl add up to gripping drama for the whole family. All the movie appeal of the "Lassie" films.

"MAGNIFICENT OBSESSION"

Jane Wyman Rock Hudson

A dramatic achievement that reaches new heights of greatness -- superb in color by technicolor -- surging with torrents of emotion.

Also "SABRINA" "REAR WINDOW" "WHITE CHRISTMAS"

The Practical Christmas Gift Books of Famous Players

THEATRE TICKETS

Good anytime the year around at Famous Players Theatres from Coast to Coast



Grand Union Coffee Shop

Specializing in home cooked meals Open Daily
from 7 a.m. to 9 a.m. and 12 noon to 2 p.m., also
6 p.m. to 7 p.m.

Eat Out More Often

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COLEMAN'S OLDEST AND MOST
RELIABLE INSURANCE AGENCY

New Low Fire Rates for Home and Business
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Coleman, Alberta

**Make Your Appointment NOW
for that**

XMAS PHOTO

If you want to have your baby or
family photo taken in your own home
we can arrange it at your convenience.

We have special Lights and Equip-
ment for Baby Photos.

For Xmas Gifts we suggest Framed
Scenes of the Crows Nest Pass in Black
and White or Color.

Evan Gushul Studio

Coleman, Alberta



The most glamorous Alberta Calendar ever printed, the
calendar to mark Alberta's Golden Jubilee, is now available,
containing twelve kodachrome reproductions of Alberta
scenes and two specially created Jubilee maps of the province,
all selected from the Golden Jubilee Anthology, this
calendar makes a perfect gift, a lasting souvenir and a most
attractive calendar to mark the days of the Jubilee.

Your Jubilee Committee is offering these calendars at
Less Than Cost. Quantities of ten or more are 59¢ each
Place your order today! Single copies will be available
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Alberta's story told by Alberta writers and artists, a
treasured addition to your home library, for just \$5.00,
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THE COLEMAN JOURNAL

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T. Holstead, Publisher

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IN CANADA'S armed forces, NCO's and 'other ranks' will have opportunity, thanks to Defence Department's curious publication, 'Current Affairs', of acquiring such bits of incidental intelligence as fact that "The cork-oak, as in Algeria, is dominant in the Tunisian forests and the plains are covered by esparto grass."

Such information, undoubtedly useful in winning a quiz contest, doesn't appear to have much to do with defence. Nor do other facts about French North Africa in November 1 issue of 'Current Affairs' seem to have much to do with winning a war.

Canadian taxpayers, who have a right to expect to get the most value out of every defence dollar, are likely to regard articles about the flora and fauna of French North Africa as a distinct waste of money.—'The Letter Review'.

AMUSING PARADOX is that new CNR Hotel in Montreal, to which Her Majesty has given assent that it be called "The Queen Elizabeth" will be operated by US Hilton Hotels Corporation through a specially incorporated Canadian subsidiary, Hilton of Canada Limited.

Chances are that "The Queen Elizabeth", under Hilton management will be efficiently run. Puzzling to many Canadians, however, is fact that publicly-owned CNR, which prides itself on operating as a free enterprise, should admit, even by implication, that its new hotel in Montreal will be more successful financially if run by a private corporation.

Disquieting thought for Canadian taxpayers, who are putting up the money at low interest rates for construction of the new hotel, is that whatever profits it may earn must be shared with Canadian subsidiary of Hilton Hotels Corporation.—'The Letter Review'.



The new federal building at Blairmore is rapidly going up, and stories regarding Coleman's new Post Office continue to circulate. Latest rumor is that the office will be built, one lot for the building and two lots for landscaping.

Lakeshore Board of Education, operating schools in Toronto, has decided not to sue three small boys who did \$500 damage to one public school during holidays.

The board's solicitor explained that the parents of the children could not be held to account for the damage unless it was shown that they were directly responsible in some way. If it sued, therefore, it would have to sue the children themselves.

A few weeks ago we told of the free car service Canadian servicemen's wives in Europe were provided with at a cost to the taxpayer. Latest to come to attention is the case of Edmore Philpott, part-time Liberal M.P., for Vancouver South, part-time columnist for The Vancouver Sun.

Mr. Philpott described his trip to NATO headquarters near Paris saying "I have no taxi trouble, as I have a good RCAF car at my disposal, and an officer guide whose smile is as bright as his brass."

With the taxation department breathing down my neck, I'm not smiling and I doubt if many Canadian taxpayers find it very amusing.

While speaking of taxes and spending, we draw attention to the following from "The Letter Review":

"Ottawa's payroll continues to swell. DBS reports federal government had 181,129 people working for it in June, 31,290 more in May and 11,356 more than in June of last year. Extrapolating at this rate, civil service should pass the 200,000 mark about the end of the next year."

For the camera fans we dug up this bit of information. Box camera owners can produce striking pictures of landscapes, clouds, marine and other scenes if they use a set of home made filters. For each filter take two playing cards and cut a hole in the centre of each, a little larger than the hole in front of the camera. Apply rubber cement to one side of each card and press them together with a sheet of colored cellophane between them. The filter can be held on the camera by rubber bands. Yellow, in various shades, is the most common color for filters, but novel effects can often be secured with other colors.

Very little has been heard about Intermediate hockey this year. Coleman Grands haven't organized for the season yet, and nothing has come out of Bellevue regarding their team.

Sitting around Jimmie's other night Bill Fields told us of an instance during his hockey career. It seems Jimmie Evans was coaching the Coleman club at this time and enroute to a game at Lethbridge, told Bill to block a shot with his body thus stopping the puck and often getting a good breakaway. Bill followed the old pro's advice, stopping the first shot with his nose.

Who's Got It

Hundreds of other items the shopper might be interested in are to be found in Coleman stores although they might not be mentioned in these ads. Visit all the stores and look over the stocks on display.

Coleman grocers carry all the well known brands and can supply you with those foods needed for regular meals, basket lunches or a gala party. At this time of the year their stores are well stocked with items needed for that Christmas dinner.

A good beginning is important, that is why mother is critical when she selects foods for her youngster. All grocery stores participating in this Festival of Bargains, stock the well known brand names that discriminating mothers have come to trust.

Bill Holyk, manager of Holyk's East Coleman store has branched out from his original grocery store and now offers the shopper a wide range of cameras and equipment. Look them over.

Speaking of cameras, Coleman Pharmacy has introduced a number of new models during the past year, including the German Paxettes and Pinnetti's. Dick Lineard informs us that the latest model is a German Movie Camera with a Fg lens and battery operated. This unit and the projector are priced amazingly low for equipment of this type.

Coleman Hardware keep abreast of the times and offer you the latest in hardware and sporting goods. Looking by Coleman Hardware the other night we noticed Wilf Dault displaying a bedroom suite that would win the love of any woman.

Aldo Montabetti of Modern Electric will be pleased to show you the amazing Westhouse Laundromat. This machine is so simple to operate your husband will want to do the family wash. A twist of the single dial control and washday work is over.

Bob Pattinson, Coleman's third hardware man handles the Beatty line, but when we visited him the other day Bob was eager to tell us that "Ballet 540" the latex type interior paint that is winning acclaim throughout the country. Drop in and see it for yourself.

Jack Chalmers, can offer you the latest in jewellery and radios. While in his store be sure and have a look at the many ornamental clocks. There are many to choose from, clocks in the shape of carriages, horses, ships, fireplace, and even one featuring a little girl swinging.

Just up the street from Chalmers in Freemans Limited, Charley offers the best in men's and women's clothing, and will be glad to show you his stock of Teena-Paige Dresses, fashions from New York that are widely advertised in that fashion setting magazine "IT".

Ichthuoukos was a Macedonian and an angler. One day, two thousand years ago he made himself a trout fly — it was probably the first one ever tied.

If you need a fly or any sporting equipment drop in to see Rudy next to the bank. Rudy offers sporting equipment and clothes the sportsman likes.

Aboussafy's specialize in well known brand names and offers you such nationally advertised lines as Arrow and Forsythe Shirts, Dack and Slater Shoes, Interwoven Socks, Wembley Ties, Harvey-Woods Hosiery and the lovely Grand Mere Sweaters.

A few doors west of Aboussafy's is Alice Buchna's Music Studio. Be sure and look over the fine assortment of accordions.

Orazio Celli carries a complete line of building materials and will be pleased to show you those latest products that will turn your home into a show-place.

Early Christmas Ordering Should Include -

Nuts
Raisins
Currants
Assorted candied peels
Maraschino cherries (red and green)
Canned and candied pineapple
Dates
Figs
Flavourings
Grape juice
Suet
Flour
Baking Powder
Shortening
Eggs
Brown, white and powdered sugar
Spices
Packaged bread crumbs

Apples
Dragees
Chocolate shot
Chips
Cake tins
Cookie cutters
Pudding molds
Meat grinders
Chopping bowls
Chopping knives
Pastry tubes
Cookie sheets
Measuring spoons
Measuring cups
Rubber scrapers
Christmas decorations
Christmas boxes
Christmas wrappings
Cellophane

COLEMAN MERCHANTS Can Supply You

Saves Lives

OTTAWA. — The army told the story of a signals corps sergeant who doubled as a doctor last spring to save the lives of 22 Eskimos in a lonely native camp in the Northwest Territories.

The chief of the general staff has given a citation for commendable conduct to Sgt. Frederick H. Waite, 33, of Lindsay, Ont. He was NCO in charge of the Royal Canadian Corps of Signals station at Ennadai Lake, N.W.T., last May when an influenza epidemic struck a tiny Eskimo village three miles away.

Weather conditions prevented a doctor from reaching the scene but Sgt. Waite kept in touch with Fort Churchill, Man. by radio. He treated six patients with penicillin and aspirin. Next day he found eight new cases. He delayed treatment on one man established as a control case allowing his symptoms to develop so medical authorities at Churchill could confirm their diagnosis.

Classified Ads

FOR RENT—Two rooms, suitable for bachelor. Apply Journal office.

ROASTING ROOSTERS—\$1.50 each, live. Special price on orders over 20. Will ship C.O.D. Phone Grum, R1217 or write Box 493, Claresholm.

BE A HAIRDRESSER—Join Canada's leading school. Great opportunity. Learn hairdressing. Pleasant, dignified profession. Big wage. Thousands successful graduates. America's greatest system. This-

trated catalogue free. Write or call Jacobson's Beauty Academy, 128A 8th Ave., W., Calgary.

FOR SALE FULLY MODERN
5 room house, propane heating - garage, Main Street Coleman. Apply Len Smith

FOR SALE - Baby carriage good as new
Pete Kozmneke
Bush Town 11p

Notice To Creditors And Claimants

In the estate of William Antrobus, late of Coleman, Alberta, retired, deceased.

Notice is hereby given that all persons having claims upon the estate of the above named William Antrobus who died on the 4th day of October, 1964, are required to file with the undersigned by the 15th day of January, 1965, a full statement duly verified of their claims and of any securities held by them and that after that date the administrator will distribute the assets of the deceased among the parties entitled thereto having regard only to the claims of which notice has been so filed or which have been brought to its knowledge.

Dated at Blairmore, Alberta, this 19th day of November, 1964.

T. J. COSTIGAN,
Solicitor,
Blairmore, Alberta.
Solicitor for British Canadian Trust Company,
Lethbridge, Alberta,
The Administrator.

TOYS GIFTS

Special Christmas Merchandise



Electric Appliances

Irons
Toasters
Eureka Vacuum Cleaners
Lewt Vacuum Cleaners
Waffle Iron
Torcier lamps
Bed lamps
Electric kettles
Coffee Percolators
Fridgedaires
Rogers Majestic Radios
Connor Washers

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Lazyboy Chairs
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Flashlights
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Dolls, Trucks, Tops, Drums, Dart Boards,
Darts, Tinker Toys, Meccano Sets, Games, Electric
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ALL SALES CASH NO EXCHANGE NO REFUNDS

2³/₄ lb. Wool Work Sock Nylon Reinforced Heel and Toe 2 pair 1.25
Dress Sox regular 1.25 each - 2 pair 1.75
Diamond Sox regular 2.25 each Sale - 1.75
Dress Sox regular 75c each - 2 pair 1.00
Frontier Pants - 20 percent off
Mens Ties your choice - 1.00 ea.
Shoes Oxfords and dress boots One Third Off
Gabardine and Cord Jackets Quilted lining Moutton collars Reg 15.50 to \$18 12.95
Sport Shirts - One Third Off
Sweaters Turtle, V Neck and Zipper Third Off
Nylon Flight Boots Regular 13.95 Sale 9.95
Engineer Boots Rubber Sole reg. 16.95 Sale 13.95
Rubber Bottoms Leather Tops zip out lining reg. 21.95 16.95
Sleeping Bags Regular 40.00 - 32.95
Fishing Rods Cane and Telescope - Reduced 25 percent
Kessler Bolt Action Shot Gun 12 gauge reg. 42.50 25.00
Come and see our Rifles, Shotguns, Knives,
Shooting Glasses, Binoculars, Ammunition at 10 per-
cent off regular price

A.B.C. Hockey League Schedule For 1954-55

Following is the schedule for the ABC Hockey League for 1954-55:
Dec. 4—Kimberley at Cranbrook
Dec. 5—Ferne at Creston.
Dec. 29—Michel-Natal at Cole-
Dec. 29—Creston at Kimberley.
Dec. 11—Creston at Fernie.
Dec. 11—Cranbrook - Kimberley
Dec. 18—Creston at Cranbrook
Dec. 18—Kimberley at Fernie.
Dec. 21—Cranbrook at Creston.
Dec. 22—Coleman at Michel-
Natal.
Dec. 28—Ferne at Cranbrook.
man.
Jan. 5—Ferne at Coleman.
Jan. 8—Coleman at Fernie.
Jan. 8—Kimberley at Creston
Jan. 8—Cranbrook at Michel -
Natal.
Jan. 11—Kimberley at Cran-
brook.
Jan. 12—Ferne at Michel-Natal
Jan. 15—Cranbrook at Coleman
Jan. 15—Creston at Michel -
Natal.
Jan. 17—Cranbrook at Kimber-
ley.
Jan. 18—Ferne at Coleman.
Jan. 19—Cranbrook at Creston.
Jan. 20—Michel - Natal at Cole-
man.
Jan. 22—Coleman at Cranbrook.
Jan. 22—Ferne at Kimberley.
Jan. 23—Coleman at Creston.
Jan. 25—Michel-Natal at Fernie
Jan. 26—Creston at Kimberley.
Jan. 27—Coleman at Michel -
Natal.

Jan. 28—Kimberley at Coleman
Jan. 29—Creston at Cranbrook.
Jan. 29—Ferne at Michel-Natal
Jan. 30—Kimberley at Michel-
Natal.
Feb. 2—Michel-Natal at Fernie.
Feb. 5—Coleman at Kimberley.
Feb. 5—Michel-Natal at Cran-
brook.
Feb. 6—Michel-Natal at Creston

Feb. 9—Kimberley at Creston.
Feb. 9—Coleman at Fernie.
Feb. 12—Creston at Coleman.
Feb. 12—Michel-Natal at Kim-
berley.

Feb. 12—Cranbrook at Fernie.

Schedule Committee,
TED KRYCZKA,
RAY SPILLERS.

Thank You



Having closed my business, known as
Coleman Motors, I wish to thank my custom-
ers for their patronage

Accounts may be paid at The Canadian
Bank of Coleman at Coleman



H. Holmes

Dial 3703

PARKS

Prompt Delivery

Sugar 10 lbs. - .99	Milk 6 tins - .99
Icing Sugar 2 lbs. - .27	Crisco 3 lb. tin - 1.13
Brown Sugar 2 lbs. - .27	Javex bottle - .25
Calgary Ginger Ale 12 pints \$1.00 includes deposit	CAMPBELLS SOUP Vegetable 4 tins .59 Chicken 4 tins .79 Scotch Broth 4 tins .79 Mushroom 4 tins .79
Noxema reg. 1.20 for - .89	Kraft Dinner 2 .35
Ice Cream half gallon - .99	Kraft Cheese lb. .59
Matcher Red Bird - .29	Cheese Whiz jar .69
Xmas Cards box of 50 - 1.19	Nabob Tea Bag 60's pkt .75
Xmas Napkins 2 packets .39	Peaches choice 2 tins - .49
Xmas Table Covers each .35	Pears, choice 3 tins - 55
	Straw. and Apple Jam 4 lb .89
	Empress Apricot Jam 2 lbs. .59
	Domolco Molasses tin - .45

Free Batter Bowl

with a large bag or 2 - 49s of

Completely
Guaranteed



VITAMIN-ENRICHED FLOUR

Vitamin
Enriched

The Preferred all Purpose Flour of Particular Housewives

By popular demand, this offer has been extended for a short time - But -
Quantities are very limited.

See your favorite local Dealer. NOW!

The Batter Bowl Gift with Cream of the West is Heatproof "Ovenware" -
it holds three pints.

Lonsbury's Grocery

The Convenient Store on 6th Street

FOR YOUR PART TIME SHOPPING

Located at the Entrance of the Kananaskis Highway
Our Stock is Fairly Complete. Our Prices are LOW

We Sell PURITY ICE CREAM

Legion Notes

Followers of Al Capp's "Lil Abner" comic strip had a "field day" on Saturday, November 13 at the local Legion clubrooms when the annual "Sadie Hawkins" ball was held.

Even to this day Al Capp would have scratched his head had he witnessed the cordial clasp between the two "Daisy mae's" represented by Mrs. E. Campbell and

Mrs. J. Drew as they entered the clubrooms.

The capacity crowd was treated to "a pretty good show" as quoted by Jim Drew commenting on the rib tickling antics carried on by Mrs. Campbell, Mrs. Drew, Mrs. L. Moore — representing Lil Abner and B. Knight as Mary Well-bull and well built he was.

"It's a tough league" said Mr. L. Moore and a tough league it

was for the judge, Mrs. K. Dixon of Blairmore to choose the winners but choose she must, her choice being Mrs. L. Moore, Mrs. E. Campbell and Mr. B. Knight with honorable mention going to Mr. and Mrs. O'Key of Calgary, Mrs. B. Knight and Ellen McDonald.

The evening's Orchestra consisting of L. McGilvary, M. Juhlin, W. Mason and T. Hill complied with suitable music for the

occasion and were greatly appreciated by the audience "and they ain't rusty" commented Mrs. J. Hardy, Manager Director E. Fontana wished to say "we enjoyed having all and would enjoy having them all back in the future.

Winners Comments:

Mrs. Moore (Lil Abner) "A wonder I lasted the night with these 150 ton boots." Mrs. Campbell (Daisy Mae) "I'm froze".

STAFF PARTY

The Coleman Collieries Officials Association held their annual Supper Dance, Nov. 11th at the Tartle Mountain Playgrounds. The head table was beautifully decorated with blue swans and white flowers. Seated at this table were Mr. and Mrs. H. Wilton Clark, Mr. and Mrs. Henry Miller, Mrs. P. Harquail, Mr. and Mrs. Roy

Upton and Mr. and Mrs. N. P. William Picard. After the singing of O Canada, Mr. Art Graham said grace, followed by two minutes silence in tribute of the War Dead was observed. Following a turkey supper, the Master of Ceremonies William Picard made a few remarks about the policies of the Association and called upon Mr. H. Wilton Clark to address the gathering. Roy Upton was the next speaker expressing the regret of the Company in losing Mr. Henry Miller, who leaves in the near future for Chicago. Mr. Miller was presented with a leather brief case on behalf of the Association and one dozen red roses were presented to Mrs. Miller. Mr. Miller thanked the gathering for the gifts and spoke on his twelve and a half years with the Coleman Collieries and its predecessor Company, Hillcrest Mowhawk Collieries. He spoke on the importance of the day for him as it was Remembrance Day for those who sacrificed to give us a better way of life and it would also be a special remembrance day in his personal life because it brought back memories of good days and of very sad and dangerous days in the mines and memories of working side by side with men in difficult tasks such as building a road to Tent Mountain Strip Mine. His highest regard for the men above him in the Company and those who worked with him was sincerely expressed.

Earnest Hill of Coleman entertained with two comic songs, accompanied by Bert Bond at the piano.

God Save the Queen was sung and the 96 people present then enjoyed dancing to the popular music of the Arcadian's Orchestra.

 • O.K. •
RUBBER STAMPS
 PROMPT SERVICE
 The Coleman Journal

HEY KIDS!

THIS DANDY CAR WASH HAS A REAL WATER PUMP AND A MOVING BELT FOR YOU TO OPERATE



FREE With every Car Wash we'll send you a bag containing approximately 40 plastic toy cars (all kinds—cars, trucks, buses) absolutely free... They're yours free so you can start right in operating your Car Wash like a real, busy washing station. Hurry, get yours to-day. Mail this coupon now!

and you get
40 toy cars
with every Car Wash!

SEND FOR YOURS NOW!

Come a' running, Kids!... for this is the greatest toy Car Wash you've ever seen. It's just like the garage where grown-ups have their car washed! You operate the handle at the side to move your toy cars along the moving belt inside the Car Wash. At the same time a water pump sprays water from the roof to wash each car as it moves through. When empty, you just refill the water tank at the side.

**Looks like,
works like a real Car Wash**

You'll have loads of fun lining up the many toy cars you get along with your Car Wash... running them up to the ramp, under the water pump and out the other side! Then you give them a wipe with a piece of cloth Mom will give you. You can wash 30 big cars or 60 small ones with every tankful of water! You'll be all ready then to operate this dandy Car Wash... and wash your pals' toy cars too when they come over to play with you.

Yours for

2.98

each

No risk
because money
refunded
by return
if not delighted

HURRY! You can buy this terrific Car Wash only by mail... not on sale at any store. Be sure to get yours now... mail the coupon to-day for your Car Wash and Plastic Bag with 40 toy cars.

MAIL COUPON TO-DAY!

STRATTON MFG. CO., 47 Colborne St., Toronto, Ontario Dept.

Please rush me..... Car Wash Unit(s) @ \$2.98 each

I enclose \$..... (post free) ☐ cash ☐ cheque ☐ money order

NAME.....

ADDRESS.....

CITY..... PROV..... ZONE.....

STRATTON MFG. CO., TORONTO, ONTARIO

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**SAVE
NOW
—REPAIR
BUILD**



We have a good stock of Insulation Bats and Loose Fill. Don't wait for the cold weather - Do it NOW and enjoy those cold winter evenings

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Paints and Varnishes
FOR INTERIOR AND EXTERIOR WORK

BARGAIN!

³/₄ Inch 7 Ply Veneer

In the following sizes, 2 in x 8 in, 4 in x 4 in 4 in x 8
PER SQUARE FOOT

.30



We also have a good stock of other Veneers, Moldings and other builders supplies.

Come and see us for Free Estimate on any alteration job or any other information that you may require



CELLI'S Building & Supplies

PHONE 3731

COLEMAN

Personalities IN THE NEWS

Frankie Fraser has returned from a trip to Vancouver and other B.C. points.

The whist drive held in the Miners Union Hall sponsored by Ladies' Auxillary of the Canadian Legion proved a very enjoyable evening.

Honors went to Mrs. E. Richards, second - Mrs. V. Wavrecan, Mrs. R. Crippen-third.

Minerva Chapter O.E.S. celebrated their 34th year at a birthday party on the evening of Nov. 18. With 50 members and guests present.

Mrs. Edith Blake, Worthy Matron of Leta Chapter, Blairmore, presented Mrs. M. Flemming, Worthy Matron of Minerva Chapter with two bouquets of chrysanthemum as a birthday gift to the Chapter. A delicious turkey banquet was served by the committee. The table was centered with a dainty decorated birthday cake, the gift of Worthy Matron, Mrs. M. Flemming.

Mrs. J. Hanrahan and Mrs. C. Wesley were Lethbridge visitors on Tuesday.

Miss Caroline Maalen is now employed at Lethbridge at Marquis Hotel.

Leroy Failor is a patient in the C.N.P. hospital.

Mr. and Mrs. R. L. Maalen from Regina recently visited the home of their son and daughter in law Mr. and Mrs. H. Maalen.

Born to Mr. and Mrs. J. Trozt a son on Nov. 10 at C.N.P. hospital.

Mr. and Mrs. D. Fraser and a young son from Bassano where recent guests of former parents Mr. and Mrs. J. Fraser also grandparents Mr. and Mrs. Newsom.

Mr. and Mrs. C. MacQuarrie and Della, accompanied by Mr. Ted Malone, of Natal, were recent Lethbridge visitors.

Mr. and Mrs. W. Kubica were recent visitors to the States.

Mrs. M. E. Cornett visited her daughter and son-in-law Mr. and Mrs. J. Houde at Bellevue. While there she attended the Rebekah

St. Paul's Goodwill W. A. will hold their Fall

Bazaar

in the United Church Club Room on

Friday, Dec. 3

from 2 to 5.30 p.m.

Pantry Table, Fancy Work, Felt Work, Copper Wire Jewellery, Novelties and Rummage Table, also a Dollar and Under Stall.

Tea 40c. Everybody Welcome

St. Alban's W.A. will hold a

Bazaar

and

Tea

WED., DEC. 1st

from 2.30 to 5.30 p.m.

in the Anglican Hall Novelty, Rummage and Pantry Tables

Turkey Draw. Tea 40c Donations Appreciated Everyone Welcome.

Lodge meeting, at which Pincher Creek Rebekah Lodge were the guests in a banquet supper at the close of the meeting.

Mrs. Alwin Anderson and sons have moved to Calgary where Mr. Anderson has secured employment.

Mr. and Mrs. Eddy Phillips and young son from Halifax are spending a holiday with former parents Mr. and Mrs. Alf Phillips. Eddy has served for the past 5 years with the R. C. Navy and has experienced many interesting cruises to various parts of the earth.

Mrs. J. Barclay is convalescing at her home, having been a recent patient in the C.N.P. Hospital.

Mrs. W. Kosma now employed at Waterton Park visited here last week.

Mrs. F. Fabro is a patient in the C.N.P. hospital.

Mrs. Angies Ryan of Calgary was the guest of Mr. and Mrs. W. Mozell. Mrs. Mozell entertained at a tea in her honor on Friday.

Freemans have installed Neppo lights, the very latest in fluorescent lighting.

Miss Grace Lucack of the University of Alberta at Edmonton, visited with her parents.

Mrs. M. E. Cornett has received word of the death of her sister at Syracuse, New York.

A line was missing from a Card of Thanks signed by M. Drew in our last issue. This should have read "M. Drew, Chairman of the Memorial Committee"

Word has been received from Mr. and Mrs. M. Wecko now residing at Brooks on a farm. They report a successful year in spite of weather conditions at harvest time, and state that the district is being served by Calgary Power, making a great improvement to a farming area. They send their best wishes to friends in Coleman.

Mr. and Mrs. Lingard To Reside At Mission City

Mr. and Mrs. Dick Lingard and daughter leave early this month to reside at Mission City, B.C., where Dick has secured employment in a drug store.

Coming here two years ago to manage Coleman Pharmacy, Dick has won a host of friends and served on the executive of the local Board of Trade and Secretary of the Tennis Club. Both he and Mrs. Lingard were active skiers.

Joe Malanchuk Resigns As Town Foreman

Joe Malanchuk announced his resignation as town foreman last week, stating that he has secured the position of Town Superintendent at Pincher Creek, effective January 1st.

Coming to Coleman in 1921 Joe was educated here and worked for 9 years as yard manager for Excel Builders.

For the past 11 years he has been trainer of local fire department, President of the Curling Club and a member of the Board of Trade and Elks. Mrs. Malanchuk is a member of the O.O.R.P.

The Blairmore Board of Trade held its November Meeting in the Legion Basement Tuesday evening with President T. J. Costigan presiding.

A report on the recent blood donors clinic held in the Crow's Nest Pass Municipal Hospital was given by Bert Fowle. It indicated that the clinic was very successful.

Ernie Basso gave a report on the highway signs being built by the local board and which will be placed at various locations along No. 3 highway to point out various mountains surrounding the Pass area. One of the signs was displayed to the 30 members present who approved the construction of

the signs. It was stated that the signs would be erected next spring.

The board also agreed to send a letter of protest to the Board of Railway Commissioners at Ottawa regarding the train and telegraph service in the Crow's Nest Pass. Day train have been cancelled during the recent months as well as the night service for sending telegrams. It was also decided that the fact should be mentioned that there is no night light in the waiting room of the local station for the convenience of those waiting for a train.

A brief discussion took place concerning the Winter Carnival but it was decided to devote the entire next meeting to this subject.

Stick together boys. You'll notice it's the banana that leaves the bunch gets skinned.

Definition of a hiccup: A message from a departed spirit.

CHRISTMAS NEW YEAR'S TRAVEL BY TRAIN

FAST,
CONVENIENT,
DEPENDABLE

Send a prepaid Rail Ticket—the perfect Christmas Gift

Information and reservations from any Canadian Pacific Office or your Ticket Agent.

C. L. KNOX

Canadian Pacific



for that Christmas engagement! The Set, \$100.

Diamonds... sparkling like stars in a midnight sky... to bring a special thrill to someone dear to you this Christmas. See the beautiful selection of Bridal Bell diamond rings, now on display at your Jeweller's... each one a leader in style, quality and value... the perfect Christmas gift

Bridal Bell

DIAMOND RINGS

To the many owners of Bridal Bell Diamond Rings, we suggest that Christmas is the perfect time to use the Stepping Stone Offer to increase the size of your present diamond.

added glamour for her \$100.

a stylish touch for him! \$75.

J. M. CHALMERS

JEWELLER

I'M TALKING TRUDY THE DOLL THAT TALKS ... in RHYME!

Yes, Talking Trudy is always ready to say her piece! "Mary had a Little Lamb," "Rock-a-Bye Baby," "Pussy Cat, Pussy Cat" or "Oh, where has My Little Dog Gone" ... ask your little girl which of these four famous nursery rhymes she likes best. Trudy will recite that rhyme as often as you want. Trudy is a big, beautiful cuddly doll, all decked out in a sweet plaid pinafore and cute hooded bonnet to match. She's 24 inches tall and sturdily built to take all sorts of punishment and still talk in rhyme. There's no complicated machinery, no delicate settings to go wrong. Just turn the sturdy handle at Trudy's back and she talks in rhyme... every time!

HURRY! HURRY!

Don't disappoint your little girl. Make sure that she gets her "Talking Trudy" doll. ORDER NOW. Supplies are limited so don't delay and be sure to state your first, second, third and fourth choice of nursery rhymes by numbering the squares in the attached coupon.



AND A FREE
NECKLACE TOO!

24" TALL

Fill In
And Mail
This Coupon
Now!

YOUR MONEY IMMEDIATELY
REFUNDED IF YOU ARE NOT
COMPLETELY SATISFIED WITH
TALKING TRUDY.

STRATTON MFG. CO., 47 Colborne St., Toronto, Ont., Dept.

Please Rush..... (Photograph Doll) at \$4.95 each

☐ I enclose \$..... cash/cheque/money order (postage free)

☐ Please send C.O.D. (I will pay postage)

Name.....

Address.....

Here Are My Nursery Rhyme Preferences Marked T for 1

☐ ROCK-A-BYE BABY ☐ MARY HAD A LITTLE LAMB

☐ OH WHERE HAS MY LITTLE DOG GONE ☐ PUSSY CAT, PUSSY CAT

STRATTON MFG. CO., TORONTO, ONTARIO

A Country Editor Looks At The News

* Canadian: At Gravelbourg, Sask., they have inaugurated "Twip Week", during which the lady friends pick up the check at dances, lunches, etc. . . . At Amherst, NB, with the drive on for arrears of poll tax, the Chief of Police had already one man in custody, who owed for three years. Pay up or jail, is the edict now. . . . Moosomin, Sask., at the municipal election they had the first mayoralty vote in 25 years; the last mayor held the post for 15 years. "You must have

been sleeping the sleep of the just, and lucky you weren't brought back in a basket", Magistrate Anderson told an 18-year-old Chu-Chua Indian who was found between the rails on the CNR bridge at Kamloops, B.C., after a train had run over the spot. Only a few hairs on his head were disturbed and he didn't know a thing about it, sound asleep, and intoxicated. . . . at Neidpath, Sask., Jim Foster, farmer, sneezed and his dentures dropped into the combine he was operating, report The Swift Current Sun. . . . Val D'Or, Que., magistrate Allard holds gallantry in

high esteem, as he fined a man \$50 or 60 days for assaulting his mother-in-law. He said, "A man shouldn't strike a woman even with so fragile a weapon as a flower". . . . Another sneeze story from the Palmerston, Ont., Observer, about a Palmerston man, railway engineer, who sneezed, blew his upper-plate clean out of the cab down beside a switch, where a trainman picked them up minus only one tooth. . . . Mayor McNeil of New Watford, N.S., charged with assault by Councillor MacDonald who claims mayor tweaked his nose over a sewer extension argument. . . . At Han-

over, Ont., the Trinity Lutheran congregation honored Louis Demerling who had completed 78 years of attendance and service in that church; his 11 sons and a daughter were present for the occasion, on his 88th birthday. . . . J. Wesley Fish, Ottaville, Ont., printer, nearing his 93rd birthday, completed the printing of the South Norwich township voters' list for the 87th consecutive year. . . . Stewart Valley, Sask., news item: Miss Karen Knapp was hostess at a social evening in honor of Howard Priesen who is being transferred to Gull Lake by the Co-Op. As he will be doing light

housekeeping he was showered with gifts to be used in the kitchen.

* Assiniboia (Sask.) Times: "Against the dull, bleak background of the rolling prairie, Church spires rise starkly and bravely as a thing of exceeding beauty. . . . a tangible monument to God in an atmosphere of the trivialities of daily existence." * Burlington (Ont.) Gazette says: "The way to abolish poverty is to make everybody self-supporting. 'If ye work not neither shall ye eat' is not an idle saying. It is an iron law of nature that applies to all living creatures. To succeed in evading it is to fail in life's purpose."

* Estevan (Sask.) Mercury: "What most folks are concerned with or about, is how to crawl away from the effects of ill-conceived planning by government in the flush of easy tax collections without it hurting too much."

* The Claresholm (Alta.) Weekly Press: "Department of National Defence is having a lot to explain these days and now has become mixed up in the matter of military bands playing at non-military functions and thus running afoul of the musicians union. So it looks as though more and more parades are going to have less and less band music. . . . even more serious is the move of the union to stop other bands from playing at functions without charging. . . . we are short enough of bands as it is and we will soon be even shorter if they persist in this short-sighted policy."

* Little Current Manitoulin Examiner: "A government is certainly, either at federal or town council level, more likely to remain alert and do a good job if it is prodded by well informed citizens. . . . Those who 'never read the newspaper' shouldn't be surprised if their government fails them either at home or on the international scene."

* Smith Falls (Ont.) Record Review: "The average businessman dies six years before his time", reads a report on the findings of a fidelity company. Ordinary men are not statisticians — and some who even are — have been known to go mad trying to make sense of statements like these."

* Hanover (Ont.) Post: "High standard of Canadians is indicated by Ottawa report that they spent \$156 million on bread last year, and \$107 million on cakes, donuts and other bakery products. Complaints of poverty and oppression come strangely in a country which spends almost as much on cake as it does on bread."

* Penticton (B.C.) Herald is against legalized lotteries: "They are a bad thing economically for the country, they're bad morally. They foster the type of individual who never donates freely, but must always have some reward or bribe held to him."

* Herbert (Sask.) Herald thinks too many acclamations in municipal elections. "We can't go on this way. The disease strikes municipal politics and soon spreads to provincial and federal fields."

Heavy Demand For Coliseum Tickets

Tickets for opening night of the Inland Empire's newest and largest indoor entertainment center, the Spokane Coliseum, were in heavy demand this week as final programming for the Dec. 3-15 dedication period was almost complete.

Robert A. Sandberg, chairman of the Central Planning Committee for the Coliseum dedication period, reported that close to half the tickets for the Patrice Munsel and Spokane Philharmonic Orchestra program on Friday night, December 3 were already purchased.

"However, the Coliseum's vast seating capacity will permit attendance of more than 6,500 persons for this event," said Mr. Sandberg.

He said that many clubs and organizations were purchasing blocks of tickets and were planning to attend in groups.

A gala dedication ball with a 21-piece orchestra will follow the program of the Metropolitan Opera Star and the 70-piece Philharmonic.

Meanwhile, he said, other programs on the 13-day opening schedule of the \$2,000,000 structure were finding an early demand at the Coliseum ticket offices at the Desert Hotel in Spokane. He said that mail orders were accepted for all events.

The world famous London Festival Ballet is scheduled for afternoon and evening performances on Saturday, December 4.

"Schools on Parade," a mass musical and athletic demonstration by more than 1,500 elementary and secondary students, will be the Monday night December 6 program.

An All Western Show followed by a square dance will be the Tuesday night December 7 feature of the dedication period. Popular recording star Jimmy Wakely will headline a two-hour variety show with the Three Rays Cowgirl Trio, a Western Band and a name guest star.

On Saturday night, December 11, performers selected after six weeks of auditioning will vie for \$1,000 in prizes at the Coliseum's Inland Empire Talent Show. The two-hour variety program will have Dale Starkey, Spokane television entertainer, as master of ceremonies.

On the three intervening nights, December 8, 9 and 10, top flight sports attractions are scheduled. The Spokane Flyers and Trail will be in a professional hockey match on Wednesday, a basketball doubleheader will put Whitworth against Gonzaga and Washington State College against Utah State on Thursday, and a headline boxing event will be presented on Friday.

Non-ticketed events during the 13 days include a three-day Inland Empire Industrial Exposition Monday, December 13, at 4:00 p.m. presentation of the "Massiah" on Sunday, December 12 sponsored by the Council of Churches, and an evening Pontifical Mass for Catholics and an afternoon service for members of the Jewish faith on Sunday, December 6.

The Coliseum will be open to the public for tours daily during the dedication period. The first Spokane Annual Art Exhibit and continuous showing of Spokane Lilac Festival movies

**FOR TOPS IN
Repairs & Service**
See
Pete's White Rose
Your safety sticker head
quarters

BUILDING CONTRACTORS

Builders'
Headquarters
**Celli's Building
Supplies**

GRAND UNION HOTEL

Hot and Cold Water

in all Rooms

Coffee Shop in Connection

A. WILSON, manager.

Insurance News

Did you know that effective Nov. 1st, 1954, all Dwelling insurance renewal policies will have a reduction in rate? Check with your local agent who will be only too pleased to review your coverage with you. Remember, Wintertime is Fire Time.

C. B. WILSON

INSURANCE AGENCIES
Coleman, Alberta Phone 3771
Fire - Life - Auto - Casualty

ROGERS GOLDEN
SYRUP
5 pound tin79

SODAS, Paulins or
Christies, Salted
or Plain
2 pound box65

BON-AMI
POWDER, 2 tins35

SUNLIGHT SOAP
The Old Reliable
3 bars for37

SALT, Windsor
Iodized,
2 packages35

S. O. S. SCOURING
PADS, large
pkg. of 10 for29

TOMATOES, Vanity Fair, Choice, 20 oz. tins, 2 for45

TOMATOES, Vanity Fair, Choice, 28 oz. tins, 2 for55

RAISINS, Australian, Seedless, 2 lb. Cello pkg.49

RAISINS, California, Seedless, 2 lb. Cello pkg.55

GLACE CHERRIES, Red or Green, 1 lb. pkg.33

BLEACHED RAISINS, California, 12 oz. pkg.29

SEEDED RAISINS, Vine Crest, 15 oz. pkg.29

GROUND SWEET ALMONDS, Fresh, 1 lb. Cello pkg.55

FRUIT CAKE MIX, 1 lb. pkg., 2 lb. pkg.40

DATES, Fresh Pitted, 2 pound pkg.49

ORANGE MARMALADE, Empress Pure, 4 lb. tin85

PINEAPPLE MARMALADE, H. and P. Pure, 2 lb. tin59

STRAWBERRY JAM, H. and P. Pure, 4 lb. tin\$1.19

APPLE JUICE, Sunrype, 20 oz. tins, 2 for37

PINEAPPLE JUICE, Doles, 20 oz. tins22

ORANGE BASE, makes 1 quart, per tin25

TOMATO JUICE, Libbys Fancy, 20 oz. tins, 2 for39

GRAPE FRUIT JUICE, Libbys, 20 oz. tins, 2 for31

ORANGE JUICE, Libbys, 20 oz. tins, 2 for39

Orange and Grapefruit Juice, Libbys, 20 oz. tins, 2 for39

SHELLED ALMONDS, Fresh stock, 1 lb. Cello pkg.35

BAKING POWDER, Magic, 16 oz. tin . 37c, 2 lb. tin83

MILK,
any brand, 6 tins for98

COFFEE, Fort Gary,
fresh stock, per lb.\$1.15

NEW PINK DRIFT, Giant Package
15c off Regular Price

OXYDOL, Giant Package
with 15c Free Coupon inside.

RINSO Soap Powder, Giant size
10c off Regular Price

LUX TOILET SOAP, reg. size
3 for . . . 27c, Bath size, 2 for27

CAMAY SOAP, Special
bath size, 4 cakes for48

PALMOLIVE SOAP, Special
4 regular size cakes for33

JERGENS, Lotion mild
face soap, 4 bars for29

COCONUT OIL SHAMPOO
Woodbury's, reg. \$1.20
Half Price Sale59

JAM, Strawberry and Rhubarb
Murrays, 4 lb. tin93

WINTER SPUDS

B. C. Netted Gems\$1.75

50 pound sack

Alberta Netted Gems
Graded No. 1's, 100 lbs.\$3.15

ASSOCIATED GROCERS LTD.
SERVICE  QUALITY

J. M. Allan
Where PRICES ARE LOW Phone 3617 Where QUALITY IS HIGH

FLOUR - Ogilvies Royal Household - FLOUR

Let your next order be Ogilvies - It's Canada's Best. Packed in Pillow Cases. Special this week. **98 lbs. \$5.79**

B. C. SUGAR

10 lb. sack98c

5 lb. sack53c

Brown Sugar, 2 lbs.27c

B. C. SUGAR

Icing Sugar, 2 lbs. for27

Berry Sugar, 2 lbs. for27

Lump Sugar, 2 lbs. for33

WAX PAPER REFILLS
for the Buckets
100 foot rolls29

RICE, Fancy Quality
Round Grain
2 lbs. for35

YEAST CAKES
Fleischmans
Fast, 4 for19

OLD DUTCH
CLEANSER, 2 tins33

AERO LIQUID WAX
No Polishing
Quart tin69

SHINOLA PASTE
WAX,
1 lb. tin45
with Free Pot Cleaner

COCONUT, Fine, unsweetened, 1 lb., 20c, 1 lb.39

PEACHES, Libbys Fancy, Sliced, 28 oz. tins45

TOILET ROLLS, Purex, 3 large rolls for39

PEARS, Harper House, Fancy Bartlett's, 15 oz. tins29

PUFFED WHEAT, Quaker, 2 packages for33

CORN FLAKES, Kellogg's, 2 packages for39

WHITE BEANS, Ontario, Good Cookers, 2 lbs. for33

BARLEY, Pot, 2 lb. Cello package23

PERKY DOG or CAT FOOD, 10 tins for\$1.23

PORK and BEANS, Libbys, 20 oz. tins, 2 for53

PORK and BEANS, Heinz, 15 oz. tins, 2 for49

SALMON, Fancy Red Sockeye, Oval Tins, per tin45

FILLETED SALMON, Smoked, 1/2's, per tin20

SARDINES, Brunswick, in oil, 3 tins for35

TUNA FISH, Clover Leaf, Solid White, per tin47

SHRIMPS, Clover Leaf, Wet Pack, per tin52

CHICKEN, Summerside, Jellied, Boneless, per tin55

ASPARAGUS TIPS, Tender, Green, Fancy, per tin49

BEETS, Libbys Sliced, 20 oz. tins27

SPORK, a Burn's product, per tin45

CORN, Country Home, Fancy, 15 oz. tins, 2 for37

JAVEX BLEACH, while it lasts, 37c bottle for25

SWIFT'S QUALITY PRODUCTS



2 tins
29c

Jewel Shortening, per lb.31

Swift's Cleanser, 2 tins35

Swift'ning, per lb.37

Allsweet Margarine, 2 lbs.79

Prem, 2 tins95

BROOKFIELD CHEESE
SWIFT'S, 2 pound Box\$1.15

Johnson's Hard Gloss

Glo-Coat

20% Extra in Every Tin

Special, Qt. Tin - \$1.07

SALAD DRESSING, Miracle
Whip, 16 oz. jar55

PEANUT BUTTER, Beverley
In Mugs, each35

MAZOLA OIL, for Salads
or Cooking, 16 oz. tins49

TOMATO PASTE,
Smiths Pure, 6 oz. tins19

PEAS, Mighty Mammoth
Fancy, 20 oz. tins, 2 for49

CORN, Goodness Me, Fancy
Cream Style, 20 oz. tins, 2 for45

PURE SOAP FLAKES, Maple
Leaf, small package free,
Double size pkg.81

MINCE MEAT, Libbys
Moist, 25 oz. tins55

CHEESE CLOTH, 36 inches
wide, 6 yards, per pkg.65

SARAN WRAP, it's trans-
parent, it's Plastic, per roll40

HONEY, Alberta White
No. 1, 4 pound tin\$1.10

Peaches and Pears

Canned in Water for those on a
Sugar Restricted Diet.

Peaches, 15 oz. Tins30c

Pears, 15 oz. Tins32c

Christmas Cake
All-Time Favorite

(This is a traditional dark cake which is chosen for its moist, rich fruitiness).

- 1 lb. fresh, moist citron peel
- 1 lb. candied cherries
- 1 can crushed pineapple
- 3 lbs. seeded raisins
- 1 lb. cleaned currants
- 1/2 lb. blanched almonds
- 3 cups sifted flour
- 1 teaspoon baking powder
- 1 teaspoon cinnamon
- 1 teaspoon nutmeg
- 1/2 teaspoon cloves
- 1/2 lb. butter

- 1/2 lb. brown sugar
- 6 eggs
- 1 cup apple cider or canned apple juice

Slice the citron very thin and cut cherries into quarters. Wash raisins and currants and dry well. Blanch the almonds, leaving them whole or chopping into pieces if desired. Add fruit and nuts to crushed pineapple in large mixing bowl. Measure the flour and sift it together with the spices and baking powder. Combine fruit and flour mixtures, stirring for at least ten minutes. Cream butter and sugar well together, then add beaten yolks to them. Add this mix

to fruit and flour mixture, then add cider. Beat egg whites stiff and fold them in. This amount will fill 4 standard sized loaf pans, which should be lined with brown paper and greased, and pans should be filled about 3/4 full with the batter. Cakes are best if steamed in covered roaster in oven (having 3/4 inch water in bottom of roasting pan) for 2 1/2 hours. Then remove from steamer and bake for 1/2 hour longer at the same temperature — 275 deg. Fahr. (If no steamer, bake cakes with water pan in oven.) This recipe yields 10 lbs. fruit cake.

Yuletide**Plum Pudding**

- 1/2 cup shortening
- 3 cups bread crumbs
- 1 teaspoon baking powder
- 1 teaspoon salt
- 1 cup sugar
- 1/4 teaspoon nutmeg
- 1/4 teaspoon mace
- 1/2 teaspoon cinnamon
- 1/4 teaspoon cloves
- 3 beaten eggs
- 1/2 cup grape juice
- 1/2 cup coarsely chopped nuts
- 1/4 cup chopped figs
- 1/4 cup currants
- 1 1/2 cups raisins
- 1 cup scalded milk
- 2 tablespoons chopped orange peel
- 2 tablespoons chopped lemon peel

Cream together sugar and shortening. Add baking powder, salt, spices and bread crumbs. Stir in eggs and mix thoroughly. Add milk. Then add orange and lemon peel, figs, raisins, currants, nuts and grape juice, and beat mixture until thoroughly blended. Grease individual or large pudding molds and fill 3/4 full. Cover each mold tightly with aluminum foil and steam 4 hours. Serve with Plum Pudding Sauce or Hard Sauce.

Plum Pudding**Sauce**

- 1 cup sugar
 - 1/2 cup butter
 - 2 eggs, well beaten
 - 1 cup boiling water
- Cream butter, add sugar and beat in well, then add eggs and mix thoroughly. Add water slowly and keep sauce hot in double boiler, until ready to serve.

Hard Sauce

- 1 cup confectioners' sugar
- 1/2 cup butter
- 1/2 teaspoon vanilla
- 1/4 teaspoon salt

Cream butter, sugar, vanilla and salt together, and beat well. Press into mold or push through cookie press to form into individual rosettes. Sprinkle with grated nutmeg when served.

Christmas Cookies

- 1/2 cup shortening
- 1 cup granulated sugar
- 2 beaten eggs
- 1 teaspoon vanilla
- 2 1/4 cups pastry flour
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon salt

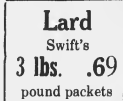
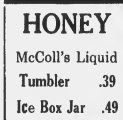
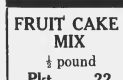
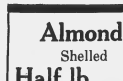
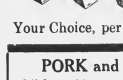
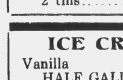
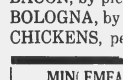
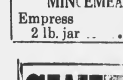
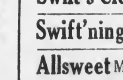
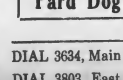
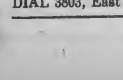
Cream shortening, add sugar gradually, then vanilla and beat until fluffy. Add beaten eggs and beat again. Add dry ingredients, combine thoroughly and chill for three hours or more. Put chilled dough on lightly floured board or pastry cloth (preferably the latter) and roll to 1/4 inch. Use a small amount at a time and put a cotton "stocking" over the rolling pin to prevent sticking. Use floured cutter or mark and cut dough with cut-out patterns.

Christmas Shortbreads

- 1 cup butter
 - 2 cups bread flour
 - 1/2 cup confectioners' sugar
 - 1/2 teaspoon baking powder
 - 1/4 teaspoon salt
- Cream butter, adding sugar gradually; sift in flour with baking powder and salt. Roll, shape and decorate. Bake 25 minutes in moderate oven (350 deg. Fahr.) or until pale biscuit shade.

Note: Cookies and shortbreads may be decorated, before baking, by arranging on top nut meats, drages, raisins, currants, citron, plain or colored sugar, chopped bits of date, fig, cherry or fruit peel; or after baking, with chocolate shot, frosting, colored candies, etc.

HOLY K'S

Food Sales**FLOUR** Your Choice Robin Hood, Five Roses 98 lb. Bag \$5.69**Milk**
6 tins
.98**Lard**
Swift's
3 lbs. .69
pound packets**HONEY**
McColl's Liquid
Tumbler .39
Ice Box Jar .49**Per lb. .43****Tea Bags**
Fort Garry
100
Tea Bags \$1.09**FRUIT CAKE**
MIX
1/2 pound
Pkt. .22**Almonds**
Shelled
Half lb. .39**Raisins**
Sultanas
2 lbs. .49**PORK AND BEANS**
Libbys, 20 oz.
2 tins .55**ICE CREAM**
Vanilla
HALF GALLON .95**Syrup, Rogers, 5 lbs. .79****MEAT DEPARTMENT NEWS****MINICMEAT**
Empress
2 lb. jar .55**SALMON**
Red Sockeye
Court, 1/2 tin .47**SHRIMPS**
Wet Pack
Per Tin .39**SARDINES**
King Oscar
2 tins for .55**SWIFT'S QUALITY PRODUCTS****Jewel Shortening, lb. .34****Swift's Cleanser, 2 tins .35****Swift's Allsweet Margarine 3 lbs. 1.19****Pard Dog Food, 6 tins 95**

- YEAST CAKES, 4 packets for .19c
- RICE, Monarch, 2 pounds for .43c
- WHITE BEANS, small white, 2 pound packet .39c
- LIMA BEANS, small, 2 pound Cello packet .39c
- LIMA BEANS, large, 1 pound Cello packet .29c

JAM Apple and Strawberry 4 pound tin .83

- ROLLED OATS, Quaker, non-premium, per pkt. .43c
- PUFFED RICE, Quaker, 2 packets for .43c
- RICE KRISPIES, Kellogg's, 2 packets for .41c
- SHREDDED WHEAT, Nabisco, 2 packets for .39c
- CORN FLAKES, Kellogg's, 2 packets for .39c

COFFEE, Nabob, per lb. \$1.18

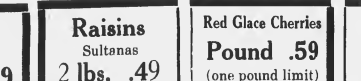
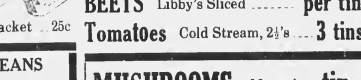
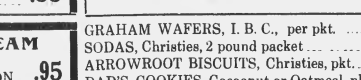
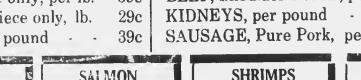
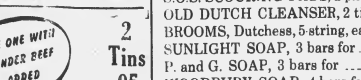
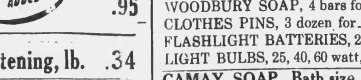
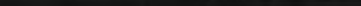
- LEMON JUICE 2 tins for .33
- Apple Juice - Sunripe 20 oz. 3 tins .53
- Pineapple Juice - Libby's 20 oz. 2 tins .45
- Tomato Juice - Libby's 20 oz. 3 tins .55
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MARGARINE SOLO 2 lbs. .69

- HOT CHOCOLATE Fry's 2 pound pkt. \$1.33
- COCOA Fry's pound tin .89
- MACARONI or SPAGETTI, 5 pound box .59c
- CHEESE, Kraft or Velveeta, 2 pound box \$1.17
- PEPPER, Black, shaker tins, each .23c

Peaches, Libby's 28 oz. tin .45c**Fruit Cocktail, Libby's 28 oz. tin .46c****CIGARETTES, Players, per Carton \$2.98**

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- ICING SUGAR, 2 pound pkt. .27c
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- MIXED PEEL, 1/2 pound pkt. .19c
- BLEACHED RAISINS, Blondi, lb. pkt. .33c
- BLACK FIGS, fresh cooking, 12 oz. pkt. .29c

**Walnuts**
Light Amber
Half Lb. .44**PEAS** Praire Maid 3 tins .49**CORN** Taste Tells, Cream Style 3 tins .55**SPINACH** Emerald Bay 2 tins .37**BEETS** Libby's Sliced per tin .29**Tomatoes** Cold Stream, 2 1/2's 3 tins .79**MUSHROOMS** Money's tin .33**GRAHAM WAFERS, I. B. C., per pkt. .35c****SODAS, Christies, 2 pound packet .67c****ARROWROOT BISCUITS, Christies, pkt. .39c****DAD'S COOKIES, Coconut or Oatmeal, pkt. 25s****Peanut Butter** Beverly 4 lb. Tin \$1.05**MEAT DEPARTMENT NEWS****BACON, by piece only, per lb. 59c****BOLOGNA, by piece only, lb. 29c****CHICKENS, per pound .39c****BEEF, Shoulder Roasts, per lb. 35c****KIDNEYS, per pound .25c****SAUSAGE, Pure Pork, per lb. 39c****SARDINES** King Oscar 2 tins for .55**MATCHES** Red Bird per carton .29**AEROWAX, Quart Tin .79c****S.O.S. SCOURING PADS, 2 pkts. .29c****OLD DUTCH CLEANSER, 2 tins .35c****BROOMS, Dutchess, 5 string, each \$1.98****SUNLIGHT SOAP, 3 bars for .38c****P. and G. SOAP, 3 bars for .35c****WOODBURY SOAP, 4 bars for .30c****CLOTHES PINS, 3 dozen for .33c****FLASHLIGHT BATTERIES, 2 for .37c****LIGHT BULBS, 25, 40, 60 watt, ea. 19c****CAMAY SOAP, Bath size 4 bars for .47****PUREX TOILET TISSUE, 3 rolls 39c****KLEENEX, 2 packets for .39c****JIFFY PAPER TOWELS, 2 pkts 45c****WAX PAPER REFILLS, 2 pkts. 65c****DREFT, Giant pkt. .74****JOHNSON'S GLU-COAT****Quart \$1.13****Shinola Wax****Lb. Tip .44****DREFT, Giant pkt. .74****SWIFT'S QUALITY PRODUCTS****Jewel Shortening, lb. .34****Swift's Cleanser, 2 tins .35****Swift's Allsweet Margarine 3 lbs. 1.19****Pard Dog Food, 6 tins 95****MUSICAL**
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YOUR NAME "BRANDED" ON THIS INDESTRUCTIBLE PONY NEIGH AS YOU RIDE!

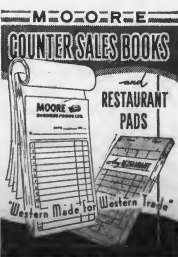
Sometimes new! At last you can have your own pony "branded" with your first name right across his front. Amazing new Vinyl Plastic Pony infuses to extra-large size. Kids from 6 months to 16 years get the pure ride of their lives when they ride this "Branded" Bronco across the range! You can sit on him like him, bounce him, wiggle him—but you won't hurt him. He'll ask for more. He "neighs" with each bounce and can ride him, stamp on him and we guarantee it will not break. Electronically sealed seams. Special low introductory price—only \$14.95 for two. Buy them for every child on your list at this amazing low offer. Send \$14.95 if you only wish one pony. Supply limited, so order as many as you need NOW. Be sure to PRINT name of children you want on pony. One name on each! Satisfaction guaranteed! CHRISTMAS DELIVERY GUARANTEED!

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AT BOTH STORES

The Orange — Nugget Of Nutrition

Condensed for Your Health
T. E. Murphy
Millions of oranges are eaten every hour of every day. Yet we know little about this immensely popular fruit.

Oranges take about six months to ripen. The normal periods of ripening are late fall and early winter, but there are now so many different strains that the sale and consumption of fresh oranges is a year-round business.

At the fruit counter the housewife carefully culls all oranges with green spots — she thinks the green ones are not ripe. But green on an orange is merely chlorophyll, testimony to the fact that the growing weather was unusually hot. If, owing to insufficiently cool growing weather — oranges thrive near the frost line — the fruit is still green on the outside when it arrives at the packing house, it is usually sent to "coloring rooms." There it is held from 24 to 72 hours, at a temperature of about 85 degrees F., while a low

concentration of ethylene gas — which bleaches out the green — is added to the atmosphere. After degreening, such fruit is stamped "color added," which doesn't mean a thing so far as your palate or nutrition is concerned.

We see oranges advertised as "tree-ripened." This is misleading. Every orange is "tree-ripened" if it is ripened at all. Unlike tomatoes, bananas and other fruits, the orange does not continue to ripen after it is picked. Indeed, unripe oranges cannot legally be picked for sale in Florida.

To buy the best oranges, pick them by feel, not by looks. Heavy oranges have the most juice; thin-skinned more juice than the thick-skinned, although some of the latter, particularly navel oranges, are high quality for eating whole. There is little connection between the size of the fruit and its quality or flavor.

Nuggets of nutrition, oranges contain at least 23 essential food elements. Best known for their high Vitamin-C (ascorbic acid) content, they also provide fruit sugars, phosphorus, iron, B1, B2 and niacin. Physicians now believe that oranges should be used to supplement special reducing diets and the fear of hypertensives or persons suffering from stomach ulcers (many of the latter are deficient in Vitamin C).

Frozen orange-juice concentrates have in them less skin oil, to which some people are allergic, than do hand-squeezed oranges. But many people prefer the taste of fresh juice. To avoid the peel oil, the fruit should be reamed gently instead of making fragrant attempts to extract the last drop of juice.

Orange juice should not be strained before using. The pulp has a high mineral and vitamin content. Also, contrary to popular belief, the juice can be stored covered in the refrigerator for a long time before losing any of its vitamin-packed punch.

Known in China for centuries, this sweet orange was mentioned in 1178 A.D. as then consisting of some 27 types. On his second voyage to the Americas (1493) Columbus carried orange seeds with which oranges were planted in Haiti. By the 16th century oranges were plentiful in Florida and, with Indians scattering the seed, orchards sprang up.

The first sizable orange grove in California was, allegedly, started by Father Thomas Sancho, a Jesuit priest, at the San Gabriel Mission in 1804. Eighty years later, 30 of the original 400 trees had survived and one ancient tree lived to the early 20th century. This is unusual longevity. Forty years is a good production period for the average orange tree.

Florida and California are the principal U.S. orange producers. Other parts of the world where orange trees flourish include most of the countries on the Mediterranean, Australia, Brazil, Japan, India, South Africa, New Zealand and, of course, China.

The boast of the Chicago stockyards that they use everything except the squeal can be matched by the orange industry. From the seeds processors extract oleomargarine, vegetable fats for cooking, and a dye that will fix any known color in artificial silk. From the colored layer of the peel they extract terpenes for warship paint, and carotene, which provides trillions of units a year of Vitamin A. From the white pulp they get pectin, a superlative jelling agent and a medical godsend for the early treatment of deep wounds. Pulp, seeds and hulls all go into cattle feed.

And the waste water used in washing the peel before making pectin? It has been found to contain ten percent pure sugar. From it are made thousands of tons of molasses.

* Next to sugar and coffee, Canada spends more for oranges than any other imported food. Last year's bill was 25,000,000. About a million dollars went to Japan for the glove-skinned Mandarins so popular at Christmas. Almost all other shipments came from Florida and California.

Your Health (Fall, '53), copyright 1953 by Your Health Publications, Inc., 270 Park Ave., New York 17, N.Y.

Recreation Institute To Be At Red Deer

The first Provincial Recreation Institute will be held December 28-30 at Red Deer Composite High School.

Sponsors of the three-day program are the Health and Recreation Branch of the Alberta Department of Education and the Alberta Recreation Association.

Any person providing leadership in the organization or instruction of recreational activities may attend the Recreation Institute but applications for registration must be made as soon as possible since accommodation is limited.

The program will include workshops, panel discussions and lectures on program planning, school facilities for recreation, camping, training and placement of volunteers, publicity and public relations and other topics of value to recreation leaders. Recreation leaders will also take part in such activities as crafts, dramatics, coaching, group singing, social recreation and modern dancing.

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50,000 B.T.U. Heat output

Regular price 139.95

Special price only

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1 only, new ZENITH COAL RANGE

Large, modern, all white. Deep fire box with Spiral Grates. Large fully enameled 18 inch oven. Regular price 239.50

Special price only

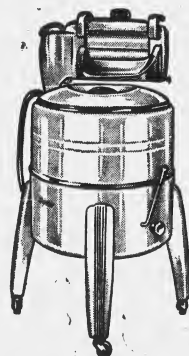
189.50

Beautiful Cherry Red HIDE-A-BED CHESTERFIELD

Complete with spring filled mattress Comfortable, modern chesterfield by day, easily opened to full size double bed with spring filled mattress for night use. An ideal spare bed for any home. Regular price 295.00 Special price for this sale only

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Tex-made
SHEET AND
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CALDWELL
BATH AND
GUEST TOWELS

This gift ensemble includes TWO Caldwell Bath Towels, TWO Guest Towels, TWO Face Cloths, ONE Tex-made Double Sheet, TWO Pillow Cases, and ONE Ayers "Homespun" All-Wool Blanket

BIG \$30.00

GIFT VALUE

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TOTAL EXTRAS \$80.00
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New, Modern

2 Piece Chesterfield

washable cover — new design
Regular 259.50 Special only

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Dependable · Reconditioned · Guaranteed

Used Washing Machines

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for Christmas while our Stock is Complete

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We have a complete stock of the famous Coutts cards. Obtainable at Coleman Pharmacy exclusively

CHRISTMAS GIFT WRAP

We have an exclusive selection of Coutts Gift gift wrap. The finest selection of gift wrap in the Pass - obtainable only at Coleman Pharmacy

Trade In

Trade in your old razor on a Remington 60 Delux Electric Shaver



\$7.00 trade in allowed on any make of electric shaver in any shape or condition

ADRIENNE GIFT SETS

Make ideal Xmas gifts. 25 percent discount on Adrienne Cosmetic sets

SPECIAL BARGAIN TRUSHAY HAND LOTION

For one week only

Reg. 37c Special 27c

Reg. 65c Special 54c

Reg. 99c Special 78c

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Special on Bachelor shave cream while they last
Regular 55c Special 47c

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Eversharp Repeater Pencils

Special on Eversharp Repeater Pencils Regular 2.50
Special 99c

Coleman Pharmacy

For Warm Feet Footwear Authority Advocates Linings

by Roland W. Carson, P. Eng.

Keeping the feet warm is an age old problem but it seems that every generation must learn it anew. In spite of special new trial solutions this is one case where the old way still seems the best. Since a lot of cold conditions are associated with dampness in some form or other, waterproof footwear is a reasonable, basic approach to the subject. But rubber is a cold material and by itself is of little use in keeping the feet warm. A rubber covering can keep the feet dry, but to keep them warm, something must be added. Many solutions have been tried, such as insoles, fabric linings, shearlings, interlinings, extra knitted socks and felt socks. While each of these has some value, the last two are still most effective.

In colder climates as found in winters in Canada it has been found that wool—and lots of it—is the only real answer to the problem. How the wool is used is most important.

The seamless wool felt boot sock, called "valetik" by the Russians, was a most effective "secret weapon" in the winter fighting of the last war. But felt socks have been known for a long time—and are no secret—though their virtues sometimes have to be rediscovered.

Keeping the feet warm is only a specialized engineering problem in insulating. That is, putting a suitable barrier to the flow of heat from the warm foot to the cold air outside. Since dead air is the best insulator known, then it is only necessary to find a means of getting the right amount of air

around the foot. From their nature, felts are very porous and have a large amount of air spaces within them. So they are a good insulating medium. The amount of insulation depends on the thickness of the material, and seamless footwear particularly can be made thick or thin as needed. For particular needs, they can be made thick on the foot and thin on the leg—to keep down leg warmth—for instance. But the feet must also be kept dry.

Wool has the property of absorbing moisture readily and can carry an amount about equivalent to its own weight. This moisture goes directly into the fibres of the wool—and does not reduce the insulating value of the air spaces in the felt. This means that any perspiration that may form is promptly absorbed, thus keeping the foot comfortably dry as well as warm. This dryness also keeps the feet comfortable even in milder weather, or indoors for a reasonable time.

It is also essential to be able to get rid of this moisture. With felt socks, which are separate from the covering footwear, this is easy, because the sock can be removed and easily dried out in a warm place. With other types of foot covering this is not so easy. Shearling linings absorb moisture too, being wool, but since the outer side is leather, moisture cannot go through readily. Drying must be from the inside surface only, and it is slow. It is difficult to get them dry by morning. In nylon pile linings the fibres are waterproof and absorb very little moisture. Rubber footwear with insulating interlinings—absorb no moisture at all, and must be worn wet, provided they have enough insulation

to keep the foot warm. Wet feet, even though warm, can be very uncomfortable and can get sore and galled. Putting a damp boot on may even cause chills. Where felt socks might not have time to dry out, all a man need do is change them and he gets a fresh start in the same outer footwear.

Being a fabric, of course, felt boot socks require some protection from wear and scuffing, except under cold, dry, snowy conditions, with no abrasion, where they can be worn alone. The usual outer protection for felt socks is a rubber especially sized fit over the thick felt, and made in various forms. If a low rubber is worn, a leather or plastic protection is needed, front and back, to prevent the rubber cutting the felt. If a rubber that comes above the ankle is worn—no further protection is required. An ideal covering would be a light boot about 9 in. high, with a stretchy top, a sole, and heel. Such a boot is available in rubber.

Seamless felt boot socks are made in a variety of forms to suit different conditions. Where the cold is caused by water, slush or mud on jobs where a rubber boot (Wellington Boot) is necessary to keep the feet dry, insoles are usually used but are not completely satisfactory. More protection is needed around the foot, and a new, slipper-type felt sock, called a "snuggler," is a cozy solution. A thick laced filler about 10 in. high is used where a leg warmth is needed too. The felt boot sock about 14 in.-15 in. high gives dry warmth from toe to knee. These are usually made of harder felt that can be worn with any of the rubbers specially made to fit it. This is the type of seamless felt boot sock most generally used in Canada.

All felt socks of this type are very comfortable to wear as they conform exactly to the foot in use. So, it is a relatively simple matter to have warm, dry, comfortable feet under any conditions of cold, with some form of felt boot sock or filler and the appropriate protective covering footwear.

(Reprinted from General Merchant of Canada, November 1954.)

Paint Your House Yourself

About 80 percent of the cost of every house-painting job—exterior or interior—is labor. You can save this sizeable amount if you do the work yourself. And if you carefully prepare the surfaces as a professional painter would—scraping off flaked paint, sanding, calking, puttying—puttying—you can turn out a good job.

New paints and painting aids have knocked a lot of the toil out of painting.

Roll It On. Biggest development in paint applicators is the inexpensive roller.

With a roller you'll paint two or three times faster than with a brush. If you use it right, you'll get almost no pitter or drip. Dip the roller into the paint, roll it out on the tray to get a uniform, not-too-heavy paint load, then roll the paint onto the wall at moderate speed. Stroke up and down and crisscross to get even coverage. Rollers come with hilt that attach to broom handles. With these on, you can roller-paint a ceiling without too much trouble or a floor without kneeling.

There are three main types of rollers. The mohair roller is good for water paints and shellac. The plastic-covered roller, usable for both oil and water paints, is easiest to clean. The lamb's-wool roller, if short-sheared, is a good all-purpose roller; if high-pile, it is for rough surfaces.

There is also a fill-type roller, which carries the paint inside and oozes it out as you roll. Although refilling it can be a messy job, this roller works extremely fast, since no pause to dip paint is necessary. When used with rubber base paint, this roller can be cleaned easily in water; cleaning oil paint out of it, however, can be a fussy job.

A roller can be a great timesaver on exterior clabboard if it is at least as wide as the clabboard otherwise lap marks will show). A special small roller is made to paint the under side of the clabboard.

Paint rollers won't paint over moldings or trim, nor into corners—which should be painted with a brush before the roller is used on the walls. And they don't work well with enamel paints.

Remember Now—When painting outdoors, wait for warm, dry weather. Painting on a damp day, or at a temperature below 50 degrees F., or painting on wood that is dry on the surface only, not all

through, has ruined many a job. Use good paints and good brushes or rollers. The difference between the best paint and the cheapest is only a fraction of a cent a square foot, but the difference in durability is great.

Follow directions closely. The manufacturer knows best how his paint should be used.

Allow plenty of time between coats—the undercoat must be hard and firm.

To prevent paint dripping down outside the can, punch nail holes

in the groove of the can so paint drips back inside.

When keeping brushes overnight in turpentine or soaking them in cleaner, suspend them, don't leave them standing on their bristles (tips will be bent, brushes ruined).

Don't leave brushes in water or the bristles will soften, the ferrule will swell.

When painting windows, slightly overlap paint from putty to glass to keep water from soaking under putty. When the paint is

dry, exercise care in cleaning the excess from the glass with a razor blade—you do not want to break the paint seal.

When through painting, float a little of the paint's thinner (turpentine, water, etc.) on top of the paint in the can to prevent paint from "skinning over."

Most basic: Before undertaking any sizable home-painting job, consult your local paint dealer. He can give you much valuable advice.

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